

newsletter



Term 4 Newsletter – April / May / June / July 2026

Follow us on Instagram and like us on Facebook!

What have the KingsWellies Gang been up to lately?

We started the term with a great Valentines Disco! We have also visited the local Library to collect free seeds to plant in our allotments. We enjoyed celebrating World Book Day where we had an author called Gillian Snedden come in to read her story to us, along with our Parents/Grandparent's also attending to read to us. We also enjoyed visiting the local library and attending Book Bug sessions. We had great fun welcoming our family members to the setting during stay and play week and showing them all the fun we get up to during a day at nursery! We have had lots of bus trips to the local park and the Pet's Corner at Hazlehead Park. We enjoyed flipping our pancakes and choosing lots of yummy toppings. We planned and made our very own Chinese Take Away – Wellies Wok Away, for Luna New Year. We had lots of fun serving our friends and teachers our favourite Chinese foods, as well as all receiving our very own fortune cookie!

We have also been busy participating in lots of fun with Kids Rock, Yoga, Flash Dance, French, Gym Bunnies, Chef Lisa, Moo Music and Rugby Tots!



Kilt Walk

Staff will be participating in this years Kilt Walk on June the 7th. All monies raised will be donated to Cash For Kids in the North East. All donations are very much appreciated! Wish us luck!

Snack Shoppers

We would like our Wellies children to develop a good understanding of money. The best way to do this is through using REAL money. If you would like to be one of our "Snack Shoppers" over the weekend, please email our Admin team. They will then give you our snack "Shopping List" and a £10 budget. It would be a

huge help to us if you and your child could buy some of the items for our snack over the weekend. This will also be a hugely beneficial experience for your child. Why not make this their weekend responsibility? This will provide a vast range of learning opportunities right across the curriculum.

Parent Engagement Events

We would like to invite our parents to join us for a variety of parent engagement events this term. Please also be reminded that all parents can request a meeting with your child's Key Worker / Supervisor at any time. Please just contact our Admin team who will arrange this for you as a matter of priority. We have also asked all of our P1 parents whether they would like to book in a meeting prior to their child leaving to attend school. Please let us know asap so that we can get these in to the diaries for you.

27/6/26 – Class of 2025 Graduation Party 11am-1:30pm



Stay and Play dates for KingsWellies:

Monday 15th June – Tots 3pm-4:30pm

Tuesday 16th June – Babies 3pm-4:30pm

Wednesday 17th June – Beans 3pm-4:30pm

Thursday 18th June – Jellies 3pm-4:30pm



Wellies Nurseries Policies of the Month

This month we would like to provide you with the opportunity to review and consult on our Visits and Outings Policy and our Sun Care Policy. We hope that you find this information useful. Please provide us with any feedback.

Health Month June 2026

During our upcoming Health Month, KingsWellies will we be busy learning all about road safety, kitchen safety, bus safety, stranger danger, how to brush our teeth properly, good hand hygiene, healthy food choices, what to do in a Fire Drill, how to phone 999 in an emergency, all about our families and friendships, respecting rules and routines, being good bucket fillers, talking about our emotions and keeping ourselves safe. We will also be taking part in our Grow Well Choices project where we will be learning all about making healthy life choices. If anyone would like to come in to support us with some learning and teaching activities during health month, please contact our admin teams. We would love to add you to our timetables. Many thanks to those of you who have already been in touch!



Book Fairs

A huge thank you to everyone who purchased from us. KingsWellies raised £199.66 of profit, in our Scholastic Book Fair! Big thank you to everyone who bought books. We will be using the funds raised to purchase books to extend our educational library. We have bought books focusing on Starting School, Healthy Eating, Caring for our Environment, Children's Mental Health, Emotions and Feelings and Personal Hygiene.



Wellies Nurseries Class of 2026

Here are some suggestions to help prepare your child for starting school in August 2026:

- Do they recognise their own name? If not, make a sign together for their room and where they hang their jacket at home, so that they are used to seeing it.
- If you are going to teach them to write their name, please only teach the first letter as a capital. If they learn their whole name in capitals, it then takes time for them to unlearn it. The capital / upper case letter is the "name" and the lower-case letter is the "sound".
- They will not have the same child: staff ratios as in nursery. One teacher could have up to 30 / 33 children. Encourage them to be as independent and resilient as possible, from now on.
- Remember school is different from when you went, they will be unlikely to have their own desk but they will be very used to the set-up as it's similar to Nursery.
- Label everything!
- Encourage them to open their own snacks so that they are able to do it at playtime and lunchtime.
- Velcro shoes are best!
- Don't share your concerns with them and don't talk about how they are your baby and they aren't ready! They are taking their lead from you!
- Can they put on their own jacket and zip it up? If not, start encouraging them now!
- Can they use the toilet independently and wash and dry their hands independently? Now is the time to work on this.
- When you find out their gym days, it's best not to put them in shirt and tie on these days.
- In Scotland all P1-P5 gets a free lunch. When you get a menu, pop it somewhere in the house and let them know what the choices are each day, and decide what they will have together.
- P1 teachers are angels in disguise, we promise you can trust them with your child!

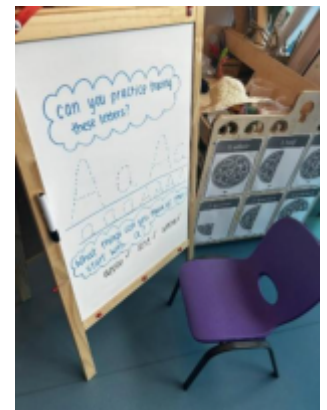


P1 Transition

We have around 34 children who will be leaving us in July/August to go to P1. These children will come from Wellie Beans and Wellie Jellies. We have lots planned to make this transition process as easy for them (and parents) as possible. This is a very exciting time for them and we ask all parents to be positive and enthusiastic.

Activities include:

- Visits by their new teachers to Wellies Nurseries
- Visits to Kingswells School and Playground
- Practicing how to line up, get our own coats on and zip them up, change our shoes, pack our bags and eat our play piece independently
- Can we write our own names? Can we recognise our names? Can we hold a pencil?
- Developing our independence and resilience
- Can we use the toilet independently and wash and dry our hands by ourselves?
- Working with our extra-curricular teachers to develop lots of new skills
- Completing our Wellies Life Skills Awards
- Bus journeys and lots of community visits
- Road safety and stranger danger talks
- Focus on Literacy, Numeracy, Health and Wellbeing
- School Uniforms and changing independently for PE
- Rules, Routines, Boundaries and Friendships
- Looking at our school websites with our friends
- Wellie Beans, Wellie Jellies, Wellie Bees and Wellie Cubs spending lots of time together to discuss P1 and preparation for school
- Individual Learning Journeys sent to each school before the end of term
- Lots of "School" stories and "School" topic activities
- Key Workers to contact each school to pass on all relevant individual information for each child



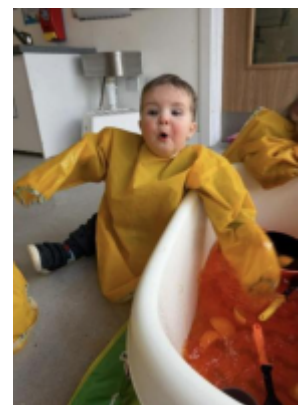
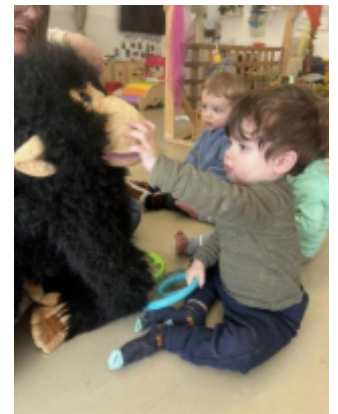
Parental Consultation

Please give us your feedback – good and bad. It means a lot to us! We only want to keep improving in order to provide the best service possible. Please make us your first port of call if you have any comments or concerns. If we work together, we will be able to achieve the very best for all of our children. Many thanks.

We also have Compliments slips available in reception in relation to our staff. The staff work very hard and we all know that it is nice to hear a compliment from time to time. Many thanks to those parents who have already paid staff members a compliment. We are always looking for Workers of the Week and Workers of the Month.

If you would like this newsletter or any other documentation from nursery translated into another language or an alternate reading format, please do not hesitate to contact us.

Feedback





newsletter



Term 4 – April | May | June | July 2026

“Together we make a family!”

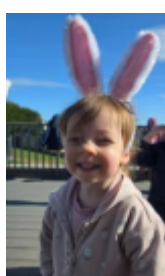
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Two great ways for you to keep up to date with all the latest news from the Wellies gang!

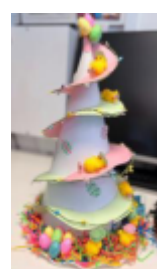
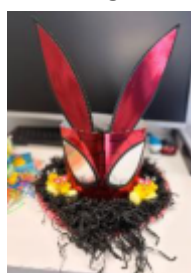


What have the West End Wellies Gang been up to lately?

Our Cubs and badgers have had a very busy Term 3 with lots of fun activities. These have included their Valentines Stay and Play, our Charity Fundraiser for Ronald McDonald, Gym Bunnies, Moo Music, Chef Lisa and Kids Rock. We also started our first Rugby Tots block in April with Kevin, which was thoroughly enjoyed by the children.

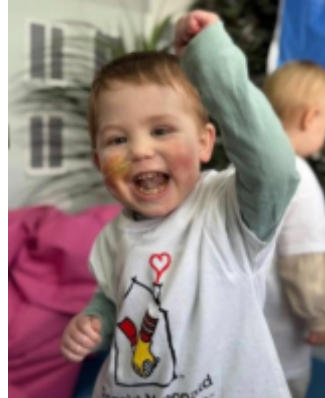


April also saw us visiting the Mannofield Church to hear the Easter Story. We also had an amazing Easter Bonnet competition. I'm sure you can agree the winning bonnets were 'Egg'ellent!



Charity Fundraiser

West End Wellies team were blown away by the generosity of our families who participated in the recent 200 km cycle the Wellies team did for Ronald McDonald House. We raised a whopping £2761.50 for this truly wonderful charity. We cannot thank you enough for your support throughout the challenge. Our West End Wellies team loved completing the 200km cycle over 5 days!



Scholastic Book Fair

We were delighted to host our first Scholastic Book Fair in February.

Our final total raised was £135.87. Thank you to everyone who bought a book! We look forward to having the fair back next year.



Term Four

Looking ahead to Term Four and it looks to be jammed pack with activities. Some dates for your diary are as follows. Please also look out for emails and Facebook posts with further updates.

Health Month

For the month of May, we will be looking at Healthy Eating, Mental Health, Keeping Fit and Staying Safe. Thank you to all parents/carers who have come forward offering to come into the setting to speak to the children. We are excited to host Police Scotland, a Paediatrician talk, Football with Katelyn and much more. We will keep you posted as we finalise our timetables.



Stay and Play Dates:

Tuesday 9th June

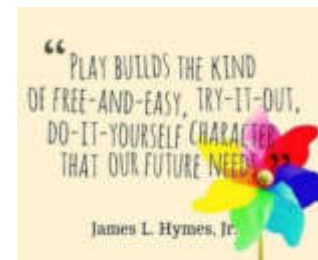
Wellie Cubs will be holding a stay and play from **2.30pm – 4pm**, where we ask for a maximum of 2 adults per child. If your child doesn't usually attend a Tuesday, they are more than welcome to come along. Just drop an email to our admin team wew@kingswelliesnursery.com

Thursday 11th June

Wellie Badgers will be holding a stay and play from **2.30pm – 4pm**, where we ask for a maximum of 2 adults per child. If your child doesn't usually attend a Thursday, they are more than welcome to come along. Just drop an email to our admin team wew@kingswelliesnursery.com

Thursday 11th June

International Day of Play. We will be focusing on the four elements of play – Earth, Air, Fire and Water. We will do this through Messy play, Risky play, Creative and imaginative play. Please stay tuned for more information.



Sunday 21st June

Father's Day – All the children will be carrying out activities throughout the week so keep an eye on our Facebook Page.

Saturday 4th July

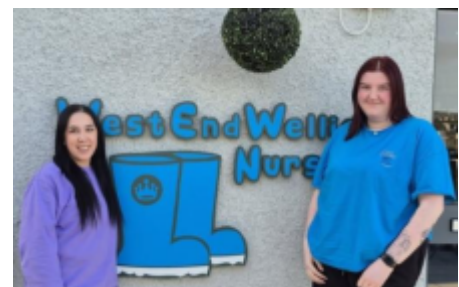
Graduation Day - The Class of 2026s Graduation will be a JOINT graduation with West End Wellies and Queenswellies nursery. The children and graduation committee are excited to plan the party of their dreams!



Staffing Update

West End Wellies would like to welcome Daria, Morgan and Aimee to the West End Wellies team. Daria is based in the Badgers room and Morgan and Aimee are in the Cubs room.

Cubs Supervisor Taylor has now left West End Wellies and we wish her all the very best in her new career. Lauren and Megan have stepped up as Supervisors in the Cubs room and we are very excited to see them flourish in their new roles. Eryn will also take on the role as acting supervisor in the room until Jodie returns from Maternity leave.



Children's Attendance and Registers



Please let us know by 10am if your child will not be attending nursery on that day. Staff will contact parents after 10am to ascertain the whereabouts of your child. This is in line with our Child Protection and Health and Safety Policies.

Please also let us know if you have any holidays booked and your child will be absent. This saves us from bothering you when sunbathing by the pool! Many thanks.

Messy Children are Happy Children

Please remember that our children are outside every day in all weathers, so please ensure that appropriate clothing is available for them to wear. With the warmer weather (sometimes) please ensure sunhats and suncream are available in your child's bag. Please ensure you label everything.

Home Link Corner

We are continuously looking to improve and strengthen our home links, so have created a designated area in our Den for you to use. Should you have any questions or suggestions, please let us know. Your feedback means a huge amount to us.

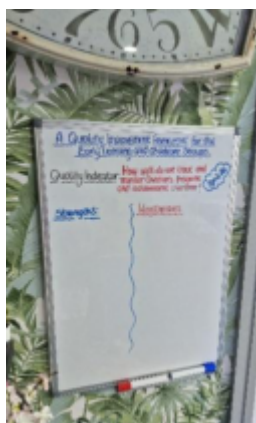


Policy of the Month – Administration of Medication Policy

This month we would like to provide you with the opportunity to review and consult on our Administration of Medication Policy. This is available to review in our reception area.

Parent Tips, Ideas and Suggestions

This is a space for parents to communicate with each other. If you have any suggestions, please email us with your ideas so that we can include them in this section of the newsletter.



Question of the Month – April 2026

Please take five minutes to add to our self-evaluation board in our reception. Our question of the month is, "how well do we plan and manage transitions throughout a child's day?"

We also have self-evaluation consultation walls. Please help yourselves to any of our consultations. Many thanks.

Class of 2026

Here are some suggestions to help prepare your child for starting school in August 2026:

- Do they recognise their own name? If not, make a sign together for their room and where they hang their jacket at home, so that they are used to seeing it.

- If you are going to teach them to write their name, please only teach the first letter as a capital. If they learn their whole name in capitals, it then takes time for them to unlearn it. The capital / upper case letter is the “name” and the lower-case letter is the “sound”.
- They will not have the same child: staff ratios as in nursery. One teacher could have up to 30 / 33 children. Encourage them to be as independent and resilient as possible, from now on.
- Remember school is different from when you went, they will be unlikely to have their own desk but they will be very used to the set-up as it’s similar to Nursery.
- Label everything!
- Encourage them to open their own snacks so that they are able to do it at playtime and lunchtime. - Velcro shoes are best!
- Don’t share your concerns with them and don’t talk about how they are your baby and they aren’t ready. They are taking their lead from you.
- Can they put on their own jacket and zip it up? If not, start encouraging them now!
- Can they use the toilet independently and wash and dry their hands independently? Now is the time to work on this.
- When you find out their gym days, it’s best not to put them in shirt and tie on these days.
- In Scotland all P1-P5 gets a free lunch. When you get a menu, pop it somewhere in the house and let them know what the choices are each day, and decide what they will have together.
- P1 teachers are angels in disguise, we promise you can trust them with your child!

P1 Transition

We have 4 children who will be leaving us in July/August to go to P1. We have lots planned to make this transition process as easy for them (and parents) as possible. This is a very exciting time for them and we ask all parents to be positive and enthusiastic.

What we have planned:

- Visits by their new teachers to Queens Wellies
- Practicing how to line up, get our own coats on and zip them up, change our shoes, pack our bags and eat our play piece independently
- Can we write our own names? Can we recognise our names? Can we hold a pencil?
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- Individual Learning Journeys sent to each school before the end of term
- Lots of “School” stories and “School” topic activities
- Key Workers to contact each school to pass on all relevant individual information for each child

We are looking forward to spending lots of time with our school leavers to plan their very own graduation. We will miss them all greatly and wish them all the best in primary 1. You will all do amazing!

Spaces Available

We currently have spaces available at West End Wellies. If you are pregnant, it is really important that you get in touch with us as quickly as possible. Don't wait until your baby is born! Please contact the office for additional information on 01224 059610 or email us at wew@kingswelliesnursery.com



Comments, Compliments and Concerns

Please give us your feedback – good and bad. It means a lot to us! We only want to keep improving in order to provide the BEST service possible. PLEASE make us your first port of call if you have any comments or concerns. If we work together, we will be able to achieve the very best for all of our children. Many thanks.

We also have Compliments slips available in reception in relation to our staff. The staff work very hard and we all know that it is nice to hear a compliment from time to time. Many thanks to those parents who have already paid staff members a compliment. We are always looking for Workers of the Week and Workers of the Month.

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Newsletter – April/May/June 2026 – Term 4
“Together we make a family!”

Follow us on Instagram and Facebook!

Two great ways for you to keep up to date with all the latest news from the Wellies Gang!

What have QueensWellies been up to?

We began the term with our Valentines themed Stay and Plays with our families, these coincided with Pancake Day, so we all enjoyed yummy homemade pancakes too!! We celebrated Chinese New Year with our very own Bees Wok Away (take away) which our Busy Bees helped prepare delicious Chinese food, and serve to everyone.



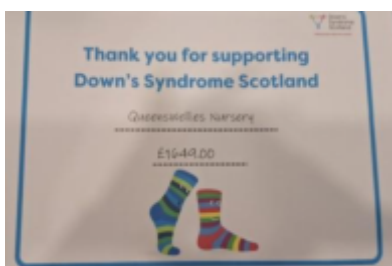
We celebrated World Book Day by dressing up in our favourite character costumes and brought in a variety of our favourite stories which we enjoyed reading with all of our friends.

To celebrate world book day, we also had the amazing “Wonder Wings Book Fair” in our outdoor classroom. We loved browsing all the books.



We had great fun taking part in our Fundraiser - dancing, baking, singing and Makaton signing, - raising money for Downs Syndrome Scotland. Well done to all who helped raise an incredible amount for this charity, it supports families across Scotland including some of our families in the nursery.

We also had our friend Megan, join us for our last day of fundraising, and to help us celebrate Downs Syndrome Day. We loved seeing all of your odd socks! Thank you for joining us Megan!



Spring time celebrations:

All the Bumbles and Bees have been busy celebrating and are “Eggsited” for Easter. We have been busy making and decorating boiled eggs to roll down the hill, Egg Hunts, Arts and Crafts, Reading the Easter Story and visits to Hazlehead Pets Corner.

We also have lots of things planned for Spring - Looking at Spring flowers, lifecycles of butterflies, frogs and chicks. We are going to have our very own Caterpillars to look after, and watch them turn into beautiful Butterflies!! We will also be partying with our “Friday Friends” from “Create” too.



We have already held our annual Easter Bonnet Competition. Well done to all that participated. We were blown away with your amazing homemade Bonnets. HUGE congratulations to our two winners!



Snack Shopper:



We would like our Wellies children to develop a good understanding of money. The best way to do this is through using REAL money. If you would like to be one of our “Snack Shoppers” over the weekend, please email our Admin team. They will then give you our snack “Shopping List” and a £10 budget. It would be a huge help to us if you and your child could buy some of the items for our snack over the weekend. This will also be a hugely beneficial experience for your child. Why not make this their weekend responsibility? This will provide a vast range of learning opportunities right across the curriculum.

Fundraising:

We are very proud of all of our families at QueensWellies Nursery, who helped to make our fundraiser a huge success!!! We raised an amazing total of £1649 for Downs Syndrome Scotland.

Children and Staff had a great time baking dancing, singing and signing in Makaton.

We completed 21 activities in 21 days!!

Well done team QueensWellies!!!



Extra-Curricular Activities:

Here at QueensWellies we have a range of different extra-curricular activities that we offer on a weekly basis.

Please see our classes below, for your information.

- French Tues AM
- Kids Rock Tues PM
- Rugby Tots Wed PM
- Chef Lisa Wed AM
- Moo Music Thurs AM
- Gym Bunnies Fri AM



French, Kids Rock, Moo Music, Gym Bunnies and Chef Lisa are all provided by us as part of your fees at QueensWellies.

The other classes are provided at an additional cost. In order to make these work, we do require enough children to sign up to them. Please contact WEW Admin for additional information and also to express your interest. We could offer additional classes in Yoga and Flashdance but we need enough people to sign up to each.

Would you like to see anything else added to our timetable? Please let us know.

Celebrations this term:

This Term we will be celebrating:

- National Sibling day (10th of April)
- World bicycle day (3rd of June)
- International Day Of Play (11th of June)
- Health Month (June)
- Fathers day (21st of June)
- Graduation Day (4th of July)

More information will be posted on our FaceBook Pages nearer the time.

Parent Engagement Events:

We would like to invite our parents to join us for a variety of parent engagement events this term. Please also be reminded that all parents can request a meeting with your child's Key Worker / Supervisor at any time. Please just contact our Admin team who will arrange this for you as a matter of priority. We have also asked all of our school leaver parents whether they would like to book in a meeting prior to their child leaving to attend school. Please let us know asap so that we can get these in to the diaries for you.



04/07/26- Class of 2026 Graduation Party 11am to 1pm

16/06/26- Family Sports Day. This will be weather permitting and times will be confirmed nearer the date. Instead of a nursery stay and play, all parents/carers are invited to our Family Sports day.

Policy of the Month

This month we would like to provide you with the opportunity to review and consult on our Infection Control, Sickness and Illness and Immunisation Policies. We hope that you find this information useful. Please provide us with any feedback.

Outdoor Education:

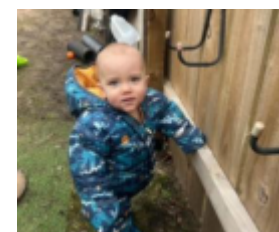
Our Outdoor Committee will be working hard with David and AJ to improve our outdoor education areas. This is an ongoing project. We have lots of exciting ideas for our outdoor areas so will be working hard to ensure that they are keeping busy with lots of Literacy, Numeracy and Health activities. Please give us your feedback on how we can continue to improve these very important areas. If any parents, grandparents or friends would like to support us with our Spring / Summer planting projects, please let us know.



At QueensWellies we have also been awarded the Peoples Postcode Lottery Funded Local School Nature Grant from Learning Through Landscapes. We intend to purchase lots of new outdoor equipment which will help expand the children's outdoor knowledge and learning. This grant also includes Loose Part Play and Den Building Training for staff. We are very excited to put the staff's new skills to work with our children!



Please ensure your child comes to nursery each day with waterproof suit/jacket, wellies, hat, scarf and gloves labelled with their name. As the weather is starting to improve, please ensure your child has suncream and a sunhat to keep at nursery. We ask that the sun cream is unopened when handed in so we can record the expiry date. Please also label everything.



Book Fair:

Our Wonder Wing Book Fair was a success again this year. QueensWellies received 20% store credit from all sales to purchase books for the nursery.

The children in both rooms chose some lovely new books for their story corners.



Health Month June 2026:

During our upcoming Health Month, QueensWellies will be busy learning all about road safety, kitchen safety, bus safety, stranger danger, how to brush our teeth properly, good hand hygiene, healthy food choices, what to do in a Fire Drill, how to phone 999 in an emergency, all about our families and friendships, respecting rules and routines, being good bucket fillers, talking about our emotions and keeping ourselves safe. We will also be taking part in our Grow Well Choices project where we will be learning all about making healthy life choices. If anyone would like to come in to support us with some learning and teaching activities during health month, please contact our admin teams. We would love to add you to our timetables. Many thanks to those of you who have already been in touch!

Staffing Update:

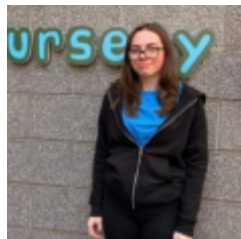
Congratulations to Demi and family who are expecting their second baby in July. Demi will be beginning her Maternity Leave from June.

Congratulations to Sam from the Bumbles Room who is getting married in April! We wish you all the best. Have an amazing day!

Samantha Fryers has joined us from KingsWellies on a Mon, Wed and Thurs as Supervisor in our Wellie Bees Room, to support Simone.

Ellie Michie is joining us full time in May and will be joining the Wellie Bumbles Room. Ellie has been coming to us every Tuesday on placement for the last 6 months from Westhill Academy, and is looking forward to starting her position at the nursery.

Cait Knox has joined the Wellie Bees team full time. She is a Qualified Practitioner and has previously worked in an after-school setting for many years.



We would like to wish Demi the best of luck on the new arrival, and wish our new staff a warm welcome to the QueensWellies team.

Children as Active Learners/ Home Link Corner: Books for Bereavement and Personal Boundaries.

We have lots of different books available in our nurseries. We also have child lending libraries, parent lending libraries, bucket filler bags, literacy bags and numeracy bags, SIMOA bags, which can all be borrowed and used at home to further develop your child's learning and engagement. These are in our Outdoor Classroom for you to choose. Please just ask a member of staff who will be more than happy to help. Please sign them in and out.





In our outdoor classroom we also have our SIMOA teddys that can be taken home for an adventure for the weekend. Please take lots of photos of SIMOAs adventures and write about them in her adventure book. We love to see what SIMOA gets up to!



Lastly, we also have our “WOW Tree” in the outdoor classroom. In QueensWellies, we celebrate all of our children’s achievements, no matter how big or small. Please add any achievement onto a leaf on the tree. Thank you.

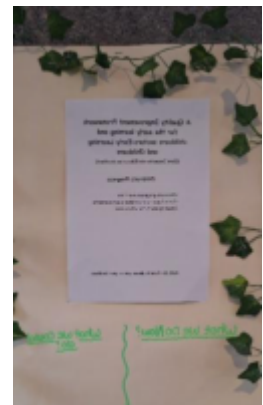
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Parental Consultations

Question of the Month April 2026

Each month we strive to self-evaluate our practice because we want to be a better nursery. We also need our parents to give us feedback. Please take five minutes to add to our self-evaluation boards in our receptions. Many thanks – we very much value your feedback.



Parent Tips, Ideas and Suggestions

This is a space for parents to communicate with each other. If you have any suggestions, please email us with your ideas so that we can include them in this section of the newsletter. We will also display them on our You Said, We Did Boards.

Wellies suggestion: Can you do a good deed every day in order to spread kindness and be a good bucket filler? Make use of our lending bags and libraries to have some fun with your children at home.

Drive Carefully

Please always drive carefully and reverse park when in our car park. The speed limit is 5 miles per hour at all times. Please avoid parking on the street outside the nursery as this is a hazard for cars turning from the main road.

Absences

Please call the nursery by 10am to inform us if your child won’t be in that day. This is in line with our Child Protection and Health and Safety Polices. Please ALWAYS sign your child(ren) in and out. Registers are outside each room.

Class of 2026

Here are some suggestions to help prepare your child for starting school in August 2026:

- Do they recognise their own name? If not, make a sign together for their room and where they hang their jacket at home, so that they are used to seeing it.
- If you are going to teach them to write their name, please only teach the first letter as a capital. If they learn their whole name in capitals, it then takes time for them to unlearn it. The capital / upper case letter is the "name" and the lower-case letter is the "sound".
- They will not have the same child: staff ratios as in nursery. One teacher could have up to 30 / 33 children. Encourage them to be as independent and resilient as possible, from now on.
- Remember school is different from when you went, they will be unlikely to have their own desk but they will be very used to the set-up as it's similar to Nursery.
- Label everything!
- Encourage them to open their own snacks so that they are able to do it at playtime and lunchtime. - Velcro shoes are best!
- Don't share your concerns with them and don't talk about how they are your baby and they aren't ready. They are taking their lead from you.
- Can they put on their own jacket and zip it up? If not, start encouraging them now!
- Can they use the toilet independently and wash and dry their hands independently? Now is the time to work on this.
- When you find out their gym days, it's best not to put them in shirt and tie on these days.
- In Scotland all P1-P5 gets a free lunch. When you get a menu, pop it somewhere in the house and let them know what the choices are each day, and decide what they will have together.
- P1 teachers are angels in disguise, we promise you can trust them with your child!

P1 Transition

We have 5 children who will be leaving us in July/August to go to P1. We have lots planned to make this transition process as easy for them (and parents) as possible. This is a very exciting time for them and we ask all parents to be positive and enthusiastic.

What we have planned:

- Visits by their new teachers to QueensWellies
- Practicing how to line up, get our own coats on and zip them up, change our shoes, pack our bags and eat our play piece independently
- Can we write our own names? Can we recognise our names? Can we hold a pencil?
- Developing our independence and resilience
- Can we use the toilet independently and wash and dry our hands by ourselves?
- Working with our extra-curricular teachers to develop lots of new skills

- Completing our Wellies Life Skills Awards
- Bus journeys and lots of community visits
- Road safety and stranger danger talks
- Focus on Literacy, Numeracy, Health and Wellbeing
- School Uniforms and changing independently for PE
- Rules, Routines, Boundaries and Friendships
- Looking at our school websites with our friends
- Wellie Bees, Wellie Badgers, Wellie Beans and Wellie Jellies spending lots of time together to discuss P1 and preparation for school
- Individual Learning Journeys sent to each school before the end of term
- Lots of “School” stories and “School” topic activities
- Key Workers to contact each school to pass on all relevant individual information for each child

We are looking forward to spending lots of time with our school leavers to plan their very own graduation. We will miss them all greatly and wish them all the best in primary 1. You will all do amazing!

 **CLASS OF**
2026



Partnership Working

We are delighted to continue to work in very close partnership with Aberdeen City and Shire Councils, NESCOL and Aberlour Furtures. Through these organisations we are able to provide employment opportunities for young people throughout the North East.

If you would like this newsletter or any other documentation from nursery translated into another language or an alternate reading format, please don not hesitate to contact us.

Infection Control, Sickness and Illness & Immunisation Policies

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Reviewed	July 2020 (V3)
Reviewed	May 2023 (V4)
Revised	Annually

**Wellies
Nurseries**



Infection Control Policy

Purpose of Policy

This policy is designed to ensure that a safe, healthy environment is maintained at Wellies Nurseries settings. The nursery recognises that infections can spread quickly amongst children in childcare environments therefore we will endeavour to ensure that infections are controlled and good health and hygiene practices are maintained at all times.

Wellie Nurseries have a duty to protect the health, safety and welfare of all users and employees as well as a duty of care. In addition to this, the prevention and control of infection is essential in helping to establish a safe and secure environment in which children can learn and develop through play. All staff at Wellies Nursery will adhere to the Infection Prevention and Control In Childcare Settings guidance from NHS.

Who is Responsible?

It is the responsibility of the Nursery Director to ensure that any children, parents and members of staff who have a contagious illness are excluded from the nursery for the recommended period of time. In her absence the responsibility will then go to the Nursery Manager.

The Nursery Director has a responsibility to inform parents and carers when their child enters the setting with a contagious illness. The Nursery Director must also inform all parents if more than 10% of the children attending the setting have a contagious illness.

All members of staff have a responsibility to ensure that any children who arrive at the setting unwell are adequately cared for. The child's parent / carer must speak to management / senior staff before a decision is made with regards whether the child should remain at nursery or go home.

All members of staff have a responsibility to ensure that they do not attend the nursery session if they have an infectious illness. This will assist Wellies Nurseries in preventing the spread of any infectious illness.

How the Policy will be implemented

Wellies Nurseries aims to prevent the spread of infectious illnesses and infections by adhering to the following procedures:

- Excluding children with infectious illnesses and infections for the recommended period of time (please see the NHS Exclusion guidelines for further information on this)
- Excluding all members of staff with infectious illnesses and infections for the recommended period of time (please see the NHS Exclusion Guidelines for further information on this).
- Identifying signs of illness in children and staff whilst they are in the setting
- Informing parents / carers of sick children that their children are ill and arranging for them to be collected at the earliest opportunity.
- Limiting the contact of sick children with other children until they can be collected from the setting, taking into account the sensitivity of the situation and that the child does not feel victimised as a result of any action taken.
- Preventing the spread of infection by adhering to the Nursery's Health and Safety Policy, Personal Hygiene Policy and Food Safety Policy.
- Reporting incidences of certain infections to other parents and members of staff whilst maintaining the anonymity of all children and members of staff involved.

The following are the types of infections that would be reported to parents and members of staff:

- Head Lice
- Measles
- Chicken Pox
- Mumps
- Meningitis
- Whooping Cough

Staff will highlight the importance to parents, that if their children have not been immunised then they will be in a high risk category if an infectious illness presents itself in the setting. Parents have the right to choose whether or not they will send their child to the setting. This is particularly relevant in cases of:

- Measles
- Mumps
- Rubella
- Whooping Cough

Monitoring of children and members of staff where there has been exclusion for signs of the same illness will be ongoing.

All cases of infectious illnesses are recorded in an illness form and are signed by the child's parent or carer on collection of the child.

Members of staff who become unwell during working hours will immediately be sent home and a relief member of staff called in to ensure ratios of staff and children are maintained.

Dealing with Children who become Unwell

In accordance with Nursery registration guidelines, children will not be admitted into the setting if they are showing signs of any ailment that could be contagious or could affect the Nursery's ability to care for the child and the other children in attendance. Similarly, any member of staff who attends work showing signs of any ailment that could affect their ability to carry out their duties, will be sent home and a replacement member of staff called in to cover the minimum child to adult ratios.

Children who become unwell during the course of the session will be made comfortable and will be cared for by a member of staff until their parent or carer can collect them. The dignity of the child will remain paramount and the child will be treated very sensitively, but the setting will put measures in place to ensure that the risk of the illness spreading is minimised.

In instances where any medication is administered as a form of treatment, such medication will be administered in accordance with the administration of medication policy and will only be administered with the express permission of the child's parent. Any and all administration of medication will be recorded on the medicine administration form.

Where the parent or carer cannot be contacted, the Nursery will contact the child's emergency contact (details provided on the registration form). The person collecting the child will be asked to sign any records, for example, illness form and administration of medication form.

Exclusion Guidelines

In cases where a child, parent or member of staff is known to have contracted a contagious illness or infection that could affect other children or staff, the nursery will implement the following exclusion guidelines:

- Any child who has an illness that results in a greater need for care than members of staff can provide and who may be placing other children at risk, will be excluded until such time as treatment has been received and the child is feeling better.
- Any member of staff who has an illness that affects their ability to carry out their duties and who may be placing children or other members of staff at risk, will be excluded until such time as treatment has been received and they are feeling better.
- Any child or member of staff showing signs of fever, lethargy, or difficulty breathing or any other manifestations of severe illness, will be excluded until such time as a diagnosis has been made and treatment received and they are feeling better.
- Gastric upset: exclusion for 48 hours after last attack of vomiting or diarrhoea.
- **The exclusion period for all other Infections / Viruses will be as recommended by NHS and HPN within the “Exclusion Criteria for Childcare and Childminding Settings.” These Exclusion Criteria are displayed throughout the nursery and are sent home with all Nursery Induction Packs.**

All infectious illnesses must be reported to the Nursery Director who will advise of any exclusion period and make the decision to inform other parents and staff members.

Minimise Sources of Contamination

- We will ensure all nursery staff have Food Hygiene Certificates or other training in food handling.
- We store food that requires refrigeration, covered and dated within a refrigerator, at a temperature of 5°C or below.
- We wash hands before and after handling food.
- We clean and disinfect all food storage and preparation areas.
- Food is bought from reputable sources and used by recommended date.

To Control the Spread of Infection

- We ensure good hand washing procedures (toilet, handling animals, soil, food)
- Children are encouraged to blow and wipe their own noses when necessary and to dispose of the soiled tissues hygienically.
- Ensure different cloths and towels are kept for different areas.
- We cover all cuts and open sores.
- We wear protective clothing when dealing with accidents. (e.g. gloves and apron)
- A protocol is in place that is followed regarding contact with blood and bodily fluids.
 - Gloves and apron worn
 - Soiled articles sealed in a plastic bag.
 - Staff aware of procedures for the prevention of HIV infection.

To Raise Awareness of Hygiene Procedures

- Inform all attending adults of the existing policy and procedures
- Insure that student induction includes this information.
- Provide visual instructions where possible for ease of understanding.

To Prevent Cross – Contamination

- Ensure that adults and children have separate toilet facilities.

To Prevent the Persistence and Further Spread of Infection

- Ensure that dedicated sinks are clearly marked.
- Be vigilant as to signs of infection persisting or recurring
- Ask parents to keep their child at home if they have an infection, and to inform the nursery as to the nature of the infection.
- Remind parents not to bring a child to nursery who has been vomiting or had diarrhoea until at least 48 hours has elapsed since the last attack.

Management of Clinical waste

All clinical waste will be disposed of in an efficient and professional manner, thus reducing waste to landfill sites. We will work in partnership with a local clinical waste disposal company to ensure the best and most effective service.

Although not hazardous, nappies' (in large quantities) can be offensive and cause handling problems, therefore the waste will be removed and transported in appropriate containers and taken back to the trust base for appropriate disposal by Sanitary Hygiene Services.

Protect Your Business from E. coli O157

E.coli O157 Fact Sheet - ACC Version 9. 12-09-12

Bacteria, such as E. coli O157 may cause serious illness or death. They may enter your food business on raw meat, or fruits and vegetables which have been in contact with the soil. They are invisible to the naked eye, so they can easily spread to other foods without you realising.

This is known as cross contamination and is one of the most common causes of food poisoning. It happens when harmful bacteria are spread onto ready-to-eat food from other foods, surfaces, hands or equipment.

If your business handles food which could be contaminated with E. coli O157 in the same establishment as ready-to-eat food, there will be greater risk. Raw meat, fruit and vegetables which have been in contact with the soil, and are not supplied as ready-to-eat, must be handled as if they are contaminated by E. coli O157. This includes potatoes, carrots, onions, leeks, swede, parsnips, cabbage, marrows, squashes, radishes, spring onions, lettuce, celery, parsley (and other fresh herbs), fennel, artichoke, cucumber, mushrooms, melons, strawberries. This is, however, not an exhaustive list.

This factsheet highlights the strict measures that are necessary to control E. coli O157. Local authority enforcement officers will consider these measures as part of their inspections.

Note: The key control measures involve:

- separation of raw and ready-to-eat foods by separation of work areas, equipment,
- packaging and cleaning products
- effective cleaning and disinfection of contaminated items
- Personal hygiene and handling practices (including hand washing technique).

If ready-to-eat foods are exposed to the risk of E. coli O157 contamination, enforcement officers will take appropriate action to protect customers. Depending on the situation, the officer may impose one or more of the following control measures;

- the prohibition of certain activities
- immediate cleaning and disinfection of surfaces, equipment and utensils
- quarantine, rework, disposal or seizure of food
- modification of food preparation activities
- retrieval of customer's meals or product withdrawal or recall

Always Separate

The best way to prevent E. coli contamination is to ensure separate work areas, surfaces, and equipment for raw and ready-to-eat foods as follows:

Work areas: Provide separate working areas ('clean' areas) for the preparation of ready-to-eat food where raw meat or unwashed fruit/vegetables are forbidden. Ideally separate staff should be allocated to such areas but this may not be practical in which case staff should be provided with clean protective clothing for work in the 'clean' area, or the ready-to-eat food preparation should be carried out at the start of the working day/shift.

Storage: Use separate storage and display facilities, including refrigerators and freezers for raw and ready-to-eat foods. Where separate units are not provided, the ready-to-eat areas should be sufficiently separated and clearly identifiable. A colour coded shelf system (with corresponding guide) labels or a refrigerator diagram may assist. Whilst items such as tomatoes, peppers, marrows and strawberries may have surface contamination and are not considered 'clean' until peeled and/or washed, the risk is considered lower and they should be stored away from more likely contaminated items such as dirty root vegetables like carrots and potatoes etc. and raw meat, but also away from ready-to-eat foods such as cooked meats and desserts.

Equipment: Use separate machinery and equipment, such as vacuum packing machines, slicers and mincers, for raw and ready-to-eat foods. Where this equipment is used for ready-to-eat food, it should be kept in the designated clean area.

Utensils: Separate dedicated chopping boards, equipment and utensils must be used for raw and ready-to-eat foods. These should be easily identifiable, e.g. colour coded with corresponding chart or suitably marked.

Packaging: Packaging materials for ready-to-eat foods should be stored in a designated clean area and the outside surfaces of any wrapping materials for ready to-eat food brought into a clean area must be free from contamination. Items such as cling-film used for ready-to-eat foods must be kept separate from materials used for raw meats or potentially contaminated fruits and vegetables which have not been washed.

Hand Contact Surfaces/Items: Cash registers, weighing scales and other equipment which staff are required to touch should not be shared by staff handling ready-to-eat food and staff working in other areas. You should provide separate equipment for use with raw food and ready-to-eat foods. A single piece of such equipment may be used if appropriate measures are taken to prevent the spread of bacteria, e.g. if a cash register is kept outside the clean area, staff from the clean area must wash their hands after using it or before returning to the clean area.

Cleaning products: Separate cleaning materials, ideally colour coded, including cloths, sponges and mops should be used in the designated clean area. Use disposable, single-use cloths wherever possible.

Clean and Disinfect

Effective cleaning and disinfection destroys bacteria and stops them spreading to food. There are two suitable ways to disinfect contaminated areas or items:

1. **Chemical Disinfection of sinks and work surfaces** - Where you have no choice but to use a work surface or sink for raw and ready-to-eat food, these must be effectively cleaned and disinfected between tasks. This involves carrying out a 'two-stage cleaning process' as follows:

1st Stage - clean surfaces with an appropriate 'food safe' cleaning product which removes grease, visible dirt, food particles and debris, and rinse to remove any residue.

2nd Stage – disinfect using a 'food safe' product which meets the standard of **BS EN 1276:1997, or BS EN 13697:2001**. Ensure you follow the manufacturer's instructions in relation to the correct dilution and contact time for the chemical to be effective in killing bacteria and thereafter rinse with drinking water, if required.

Note: If you use a single sanitiser designed to clean and disinfect at the same time you will have to carry out the same two stage cleaning process with that product.

2. **Heat Disinfection of Equipment and Utensils** - Food containers, chopping boards, knives and other equipment and utensils will always require disinfection by heat after use if they are to be subsequently used for ready-to eat food preparation. Heat is one of the best ways of killing bacteria, but the temperature and contact time must be sufficient to destroy harmful bacteria.

A commercial dishwasher can be used to wash raw food equipment alongside items which will be used for ready-to-eat foods (Otherwise separate cleaning processes for the raw food equipment and the ready-to-eat equipment will be necessary).

Note: Dishwashers must be thoroughly cleaned (including jets and filters) at suitable frequencies, it must be in good working order, fit for purpose and the appropriate setting must be used.

Cloths - The safest way of cleaning is to use single-use, disposable paper towels. If, however, re-useable cloths are used, you must have separate, clearly identifiable cloths for clean areas, .e.g. a colour coded system. Without such a system, cloths must be single use only. All re-useable cloths must be washed and disinfected to remove grease, visible dirt and food particles. This should be achieved by using an appropriate cleaning agent and subsequently boiling them, or washing them on a hot cycle at 82°C or above. They must then be suitably dried.

Handle Food Hygienically

It is vital for staff to follow good food handling and personal hygiene practices to help prevent harmful bacteria spreading to ready-to-eat food by cross-contamination.

Food Preparation

Additional care should be taken when handling foods such as carrots, onions, and cabbage if they are to be eaten as a ready-to-eat food (without cooking). For example, grated carrot used in a side salad or as a constituent of coleslaw. The surface layer of carrots may have numerous cracks and crevasses which could harbour E. coli O157. They must be washed to remove contaminants, then peeled and rinsed before grating. Thereafter strict separation control is required between these prepared foods and raw foods to ensure they are not exposed to a risk of contamination from any unwashed/unprepared root vegetables or raw meat.

Some fruit and vegetables such as unwashed/unprepared tomatoes, grapes, apples, pears, raspberries and blackcurrants are less likely to have been in contact with the soil and will therefore be less likely to be contaminated with E. coli O157. Less stringent washing of these types of food is acceptable although care is required to prevent contamination prior to consumption.

Handwashing

Effective handwashing using a recognised technique, E.g. from the Department of Health or the NHS, is always required prior to handling ready-to-eat foods in order to control cross-contamination. It must also occur after: going to the toilet, handling any food that may be a potential source of E. coli O157, hand contact with equipment or other surfaces that may have been in contact with raw foods, handling waste, eating and cleaning.

The use of non-hand-operable taps is strongly advised, but if they are not available, taps should be turned off using a paper towel. A non-hand-operable mixer tap is convenient for providing water at the desired 45°C for effective handwashing.

Soap must always be available and should be in liquid form from a dispenser. Soaps which conform to BS EN 1499:1997 are recommended.

Single use towels from a dispenser are considered best for drying hands hygienically. They should be disposed of in a manner which does not cause recontamination of the hands, e.g. in a foot pedal operated bin.

Note: Anti-bacterial hand gels should not be used instead of thorough handwashing, but only as an additional measure after handwashing. A range of **free online training videos** including correct handwashing technique are available to view at <http://www.food.gov.uk/business-industry/caterers/hygiene-videos>

Handling Food - Safety Tips:

Keep hands clean to prevent contamination.

Minimising direct contact with food will reduce the risk of harmful bacteria spreading. Handle food with regularly cleaned and disinfected tongs and other utensils.

Wear clean protective clothing. Frequently change contaminated outer protective clothing (e.g. aprons and gloves) and wash hands thoroughly before putting on clean clothing and entering a clean area used for handling and storing ready-to-eat foods.

Use disposable gloves but change them between tasks, as well as at every break and when they become damaged. Wash hands thoroughly before putting gloves on and after taking them off.

If it's not possible to have separate preparation areas for raw and ready to eat foods, use 'time separation' as a control i.e. handle/prepare all raw meats or unprepared vegetables at a specific time separate from ready-to-eat preparation (with disinfection of areas and equipment afterwards).

For more information on good food hygiene please refer to the food hygiene information pack at www.food.gov.uk/goodbusiness. Alternatively, contact your local council Environmental Health Service.

Sickness and Illness Policy

At Wellies Nurseries settings we promote the good health of all children attending. To help keep children healthy and minimise infection, we do not expect children to attend nursery if they are unwell. If a child is unwell it is in their best interest to be in a home environment with adults they know well rather than at nursery with their peers.

Our procedures

In order to take appropriate action of children become ill and to minimise the spread of infection we implement the following procedures:

- If a child becomes ill during the nursery day, we contact their parent(s) and ask them to pick up their child as soon as possible. During this time we care for the child in a quiet, calm area with their key worker, wherever possible
- We follow the guidance on Infection Prevention and Control in Childcare Settings (Day Care and Childminding Settings) given to us by the Infection Control Team Scotland and the exclusion criteria for 'Childcare and Childminding Settings' (Health Protection Scotland) guidance on exclusion times for specific illnesses, e.g. sickness and diarrhoea, measles and chicken pox to protect other children in the nursery
- Exclusion Criteria for Childcare and Childminding Settings are displayed around the nursery and are also part of the initial induction pack for all children.
- Should a child have an infectious disease, such as sickness and diarrhoea, they must not return to nursery until they have been clear for at least 48 hours.
- We notify the Care Inspectorate as soon as possible and in all cases within 14 days of the incident where we have any child or staff member with a notifiable disease such as food poisoning.
- We inform all parents if there is a contagious infection identified in the nursery, to enable them to spot the early signs of this illness. We thoroughly clean and sterilise all equipment and resources that may have come into contact with a contagious child to reduce the spread of infection.
- We have the right to refuse admission to a child who is unwell. This decision will be taken by the manager on duty and is non-negotiable.
- We make information/posters about head lice readily available and all parents are requested to regularly check their children's hair. If a parent finds that their child has head lice we would be grateful if they could inform the nursery so that other parents can be alerted to check their child's hair.

Meningitis procedure

If a parent informs the nursery that their child has meningitis, the nursery manager will contact the Infection Control (IC) Nurse for their area and the Care Inspectorate. The IC Nurse will give guidance and support in each individual case. If parents do not inform the nursery, we will be contacted directly by the IC Nurse and the appropriate support will be given. We will follow all guidance given and ensure that the appropriate authority is notified.

Transporting children to hospital procedure

- If the sickness is severe, a designated member of staff should call for an ambulance immediately whilst still ensuring that the child is continued to be comforted and there is adequate staff deployment to care for the remaining children. This may mean temporarily grouping the children together. DO NOT attempt to transport the sick child in your own vehicle.
- Whilst waiting for the ambulance, contact the parent and arrange to meet them at the hospital.
- The most appropriate member of staff must accompany the child and collect together registration forms, relevant medication sheets, medication and the child's comforter. A member of the management team must also be informed immediately.
- The nursery manager/staff member must remain calm at all times. Children who witness an incident may well be affected by it and may need lots of cuddles and reassurance.
- Staff may also require support following an incident.

Immunisation Policy

At Wellies Nurseries settings we expect that children are vaccinated in accordance with the government's health policy and their age. We ask that parents inform us if their children are not vaccinated so that we can manage any risks to their own child or other children/staff/parents in the best way possible. The nursery manager must be aware of any children who are not vaccinated within the nursery in accordance with their age.

We make all parents aware that some children may not be vaccinated in the nursery, due to their age, medical reasons or parental choice. Our nursery does not discriminate against children who have not received their immunisations and will not disclose individual details to other parents. However, we will share the risks of infection if children have not had immunisations and ask parents to sign a disclaimer.

We record, or encourage parents to record, information about immunisations recorded on children's registration documents and we update this information as and when necessary, including when the child reaches the age for the appropriate immunisations.

Staff vaccinations policy

It is the responsibility of all staff to ensure they keep up to date with their vaccinations as recommended by the NHS vaccination schedule and keep the nursery informed. Such as for:

- Tetanus
- Tuberculosis
- Rubella
- Hepatitis
- Polio

If a member of staff is unsure as to whether they are up to date, then we recommend that they visit their GP or practice nurse for their own good health.

Emergency information

We keep emergency information for every child and update it every six months with regular reminders to parents in newsletters, at parents' evenings, through email, twitter and facebook and a reminder notice on the Parent Information Board.

Update to Food Safety procedures

Entier Ltd will provide the main meal for the nursery setting.

Wellie Nurseries kitchen staff have full responsibility for all food safety and food handling procedures within Wellies Nurseries. Wellies Nurseries staff have full management responsibility for the food operation within Wellies Nurseries.

Wellies Nurseries Staff

Wellies Nurseries Staff will support children when involved in curricular activities involving food preparation e.g. baking, smoothie making etc. They will also serve ready-prepared meals to the children.

All Wellies Nurseries staff will have training in basic food hygiene principles. Food Hygiene Training will be reviewed and provided for all staff every 3 years. Infection Control and Risk Assessment training will also be provided for all staff as appropriate.

Good practice will be adhered to at all times by Wellies Nurseries staff when handling and preparing food with the children i.e. appropriate staff: children ratio, hand washing procedures by all staff and children, use of aprons, all food dated and packaged appropriately etc.

Good practice is detailed as appropriate throughout the attached Wellies Nurseries Operational Policies and Procedures.

COVID-19/Other Infectious Diseases

Please see our COVID-19/Infectious Diseases Policy for additional information and guidance.

Exclusion Criteria for Childcare and Childminding Settings

Recommended time to be kept away from daycare and childminding

Main points

- Any child who is unwell should not attend, regardless of whether they have a confirmed infection.
- Children with diarrhoea and/or vomiting should be excluded until they have had no symptoms for 48 hours after an episode of diarrhoea and/or vomiting.
- Coughs and runny noses alone need not be a reason for exclusion but if the child is unwell they should not attend.
- Skin rashes should be professionally diagnosed and a child should only be excluded following appropriate advice.
- Certain individuals exposed to an infection, for example an immunocompromised child who is taking long term steroid treatment or has cancer, may require specific advice from their GP.
- Children should only be excluded when there is good reason. If in doubt contact a member of the Health Protection Team (HPT).
- If an outbreak of infection is suspected the local Health Protection Team should be contacted.

Further information can be found in Infection Prevention and Control in Childcare Settings (Day Care and childminding settings) <http://www.hps.scot.nhs.uk/naic/ic/guidelinesdetail.aspx?hd=47103>

Information on current immunisation schedule for children can be found at <http://www.immunisationscotland.org.uk/index.aspx>

If you have any questions please contact your local Health Protection Team (HPT)

Name:

Telephone Number:

Infection/Virus	Exclusion period	Comments
DIARRHOEA AND VOMITING ILLNESS		
General advice	Exclude until 48 hours after the diarrhoea and/or vomiting has stopped. Depending on the specific infection, exclusion may apply to: <ul style="list-style-type: none"> young children; those who may find hygiene practices difficult to adhere to; those who prepare or handle food for others. Your local HPT will advise.	Diarrhoea is the passage of 3 or more loose or liquid stools per day, or more frequently than is normal for the individual. If blood is found in the diarrhoea then the patient should get advice from their GP.
Common Infections		
Norovirus	48 hours from last episode of diarrhoea and vomiting.	
Campylobacter	48 hours from last episode of diarrhoea and vomiting.	Discussion should always take place between the HPT and Nursery
Salmonella	48 hours from last episode of diarrhoea and vomiting.	
Less common infections		
Cryptosporidiosis	48 hours from last episode of diarrhoea and vomiting.	Exclusion from swimming is advisable for two weeks after the diarrhoea has settled
E. Coli O157	Your local HPT will advise.	
Shigella (Bacillary Dysentery)	Your local HPT will advise.	
Enteric fever (Typhoid and paratyphoid)	Your local HPT will advise.	
RESPIRATORY INFECTIONS		
Coughs/colds	Until recovered.	Consider influenza during the winter months.
Flu (influenza)	Until recovered.	Severe infection may occur in those who are vulnerable to infection.
Tuberculosis (TB)	Consult with your local HPT.	Not easily spread by children. Requires prolonged close contact for spread.
Whooping cough (Pertussis)	5 days from commencing antibiotic treatment or 21 days from onset of illness if no antibiotic treatment.	Preventable by vaccination. After treatment non-infectious coughing may continue for many weeks. Your local HPT will organise any contact tracing.
RASHES/SKIN		
Athletes foot	None.	Athlete's foot is not serious. Treatment is recommended.
Chickenpox (Varicella zoster)	5 days from onset of rash.	Pregnant staff should seek advice from their GP if they have no history of having chickenpox. Severe infection may occur in vulnerable children.
Cold sores, (herpes simplex)	None.	Avoid kissing and contact with the sores. Cold sores are generally a mild self-limiting disease.
German measles (rubella)	6 days from onset of rash.	Preventable by immunisation (MMR x 2 doses). Pregnant staff should seek advice from their GP.
Hand, foot and mouth (coxsackie)	None.	Contact your local HPT if a large number of children are affected.
Impetigo (Streptococcal Group A skin infection)	Until sores are crusted or healed or until 48 hours after antibiotic treatment has started.	Antibiotic treatment may speed healing and reduce infectious period.
Measles	4 days from onset of rash. Always consult with HPT.	Preventable by immunisation (MMR x 2 doses). Pregnant staff should seek advice from their GP. Severe infection may occur in vulnerable children. Your local HPT will organise contact tracing.
Molluscum contagiosum	None.	A self limiting condition.
Ringworm	Exclusion not usually required.	Treatment is required.
Roseola (infantum)	None.	None.
Scabies	Child can return after first treatment.	Two treatments 1 week apart for cases. Contacts should have same treatment; include the entire household and any other very close contacts. If further information is required, contact your local HPT.
Scarlet fever	24 hours after commencing antibiotics.	Antibiotic treatment recommended for the affected child.
Slapped Cheek Syndrome (Erythrovirus B19)	None.	Pregnant staff should seek advice from their GP. Severe infection may occur in vulnerable children.
Shingles (Varicella zoster)	Exclude only if rash is weeping and cannot be covered, e.g. with clothing.	Can cause chickenpox in those who have not had chickenpox. Pregnant staff should seek advice from their GP.
Warts and Verrucae	None.	Verrucae should be covered in swimming pools.
OTHER INFECTIONS		
Conjunctivitis	None.	If an outbreak occurs contact local HPT.
Diphtheria	Exclusion will apply. Always consult with your local HPT	Preventable by vaccination. Your local HPT will organise all contact tracing.
Glandular Fever	If unwell.	
Head lice	None.	Treatment is recommended only in cases where live lice have definitely been seen. Close contacts should be checked and treated if live lice are found. Regular detection (combing) should be carried out by parents.
Hepatitis A or E	Exclude until 7 days after onset of jaundice (or seven days after symptom onset if no jaundice).	Your HPT will advise.
Hepatitis B and hepatitis C	None.	Blood borne viruses that are not infectious through casual contact.
Meningococcal meningitis/septicaemia	Until recovered. HPT will advise.	Meningitis C is preventable by vaccination. There is no reason to exclude siblings and other close contacts of a case. Your local HPT will provide advice for staff and parents as required and organise all contact tracing.
Meningitis* due to other bacteria	Until recovered.	Hib and pneumococcal meningitis are preventable by vaccination. There is no reason to exclude siblings or other close contacts of a case. Your local HPT will give advice on any action needed.
Meningitis viral	Until recovered.	Milder illness. There is no reason to exclude siblings and other close contacts of a case.
Mumps	Five days from onset of swollen glands.	Preventable by vaccination (MMR x 2 doses).
Threadworms	None.	Treatment is required for the child and all household contacts.

References: Guidance on Infection Control in School and other Child Care Settings Poster, HPA, April 2010. Definition of diarrhoea <http://www.who.int/topics/diarrhoea/en/>