

# OUTDOOR PLAY

Information for Parents

*Together we make a  
Family!*

*Growing Happy, Healthy  
Children*



The Outdoor Environment is wonderful for young children to explore. Just being outdoors is often the only motivation some children need to explore the fresh air and discover what their bodies can do.

Some children do not have an outdoor space at home and therefore really benefit and enjoy the space and freedom an outdoor play area can offer.



We try to use the outdoor environment whatever the weather. It is as much fun to young children to jump in puddles on a wet day, to feel the snow and frost on a cold day and to feel the wind through their hair on a windy, day as it is



to be outside on a warm, sunny day. The best way to learn about the weather and seasons is to experience it for themselves.

Outdoor play teaches children an awareness of seasons, weather conditions and an appreciation of natural beauty.





Please ensure your child has appropriate foot wear for outdoor play.

Sturdy shoes and a warm waterproof jacket are essential

