



WEEK 1

NURSERIES MENU

MONDAY

Pork Meatballs, roast
tomato fusilli pasta,
mixed vegetables

Vegetarian

Vegan meatballs, roast
tomato fusilli pasta,
mixed vegetables

Allergens

Main: Gluten,
egg, soya,
mustard,
Sulphur **Veg:**
Gluten,
mustard, soya,
Sulphur

TUESDAY

Squash & sweet
potato soup &
wholemeal
sandwiches

Allergens

sulphur
dioxide
Gluten, milk,
soya fish,
eggs
(sandwiches
only)

WEDNESDAY

Fish fingers, herb
baked new potatoes,
Peas & sweetcorn

Vegetarian

Vegetable & butter
bean cakes, herb
baked new potatoes,
peas & sweetcorn

Allergens

Main: Gluten, Fish

Veg: Gluten, Sulphur

THURSDAY

Sticky plum chicken,
stir fry egg noodles,
green beans

Vegetarian

tofu & vegetable
stir fry egg noodles,
green beans

Allergens

Main: Gluten, egg,

Veg: Gluten, egg,
soya

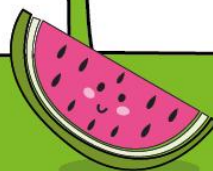
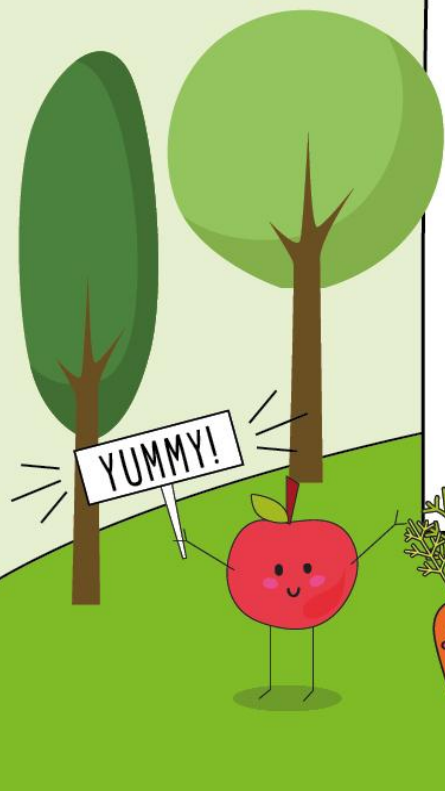
FRIDAY

Beef chilli,
steamed rice &
sweetcorn

Vegetarian

Vegetable & five
bean chilli,
steamed rice &
sweetcorn

Allergen
Main/Veg:





WEEK 2

NURSERIES MENU

MONDAY

Herb Roasted
chicken breast,
steamed rice,
tomato & pepper
sauce, green beans

Vegetarian
spiced red lentil
casserole, steamed
rice & green beans

Allergens

Main:

Veg:

TUESDAY

Macaroni cheese,
garden peas &
sweetcorn

Allergens

Main: Gluten, milk,
mustard

WEDNESDAY

Carrot & lentil soup
& whole meal
sandwiches

Allergens

Main: Gluten, milk,
soya fish, eggs
(sandwiches only)

THURSDAY

Beef bolognaise,
conchiglie pasta,
broccoli

Vegetarian

Vegetable & black
bean ragu,
conchiglie pasta,
broccoli

Allergens

Main: gluten, soya,
mustard

Veg: gluten, soya,
mustard

FRIDAY

Homemade salmon
fish fingers, new
potatoes & mixed
vegetables

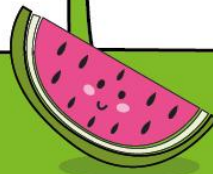
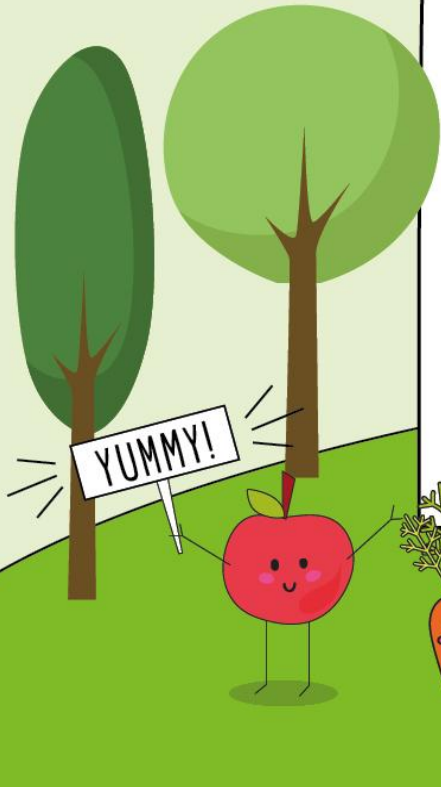
Vegetarian

Vegetable nuggets,
new potatoes &
mixed vegetables

Allergens

Main: Gluten, fish

Veg: Gluten, soya





WEEK 3

NURSERIES MENU

MONDAY

Chicken & leek
puff pastry pie,
roast potatoes,
steamed broccoli

Vegetarian

Root vegetable
pie, roast
potatoes,
steamed broccoli

Allergens

Main: Gluten,
milk

Veg: Gluten, milk

TUESDAY

Tomato soup &
whole meal
sandwiches

Allergens

Main:
Sulphur dioxide
Gluten, milk, soya
fish, eggs
(sandwiches only)

WEDNESDAY

Fish cakes, steamed
potatoes, peas &
carrots

Vegetarian

Falafel, steamed
potatoes, peas &
carrots

Allergens

Main: Fish, gluten,

Veg: Gluten, egg

THURSDAY

Braised beef Mince
& root veg mash &
green beans

Vegetarian

Vegetable & Quorn
casserole &
potatoes with
Green beans

Allergens

Main:

Sulphur

Veg:
Sulphur, gluten

FRIDAY

Chinese chicken
curry, steamed rice,
cauliflower

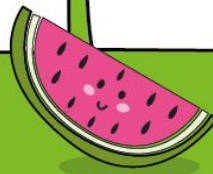
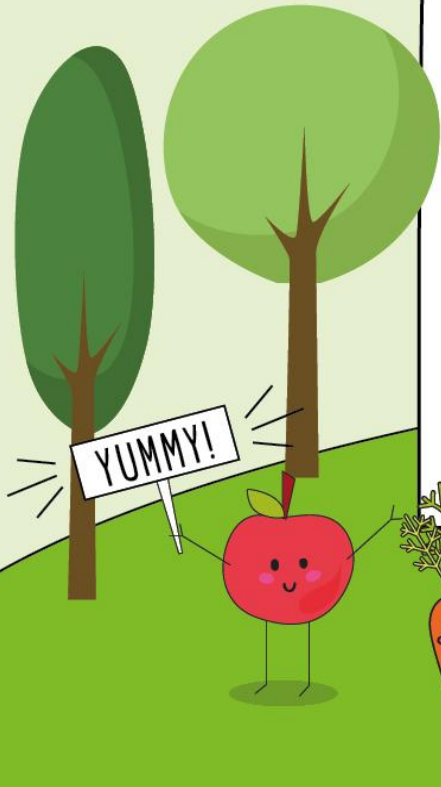
Vegetarian

Vegetable &
chickpea Chinese
curry, steamed rice,
cauliflower

Allergens

Main: gluten,
mustard

Veg: Gluten,
mustard





WEEK 4

NURSERIES MENU

MONDAY

Fish goujons, baby
new potatoes,
baked beans &
garden peas

Vegetarian

Vegetable nuggets,
baby new potatoes,
baked beans

Allergens

Main: gluten, fish

Veg: gluten

TUESDAY

Grilled chicken,
vegetable spiced
rice, corn on the
cob

Vegetarian

Paprika roast
vegetables, tortilla
taco wraps,
vegetable spiced
rice, corn on the
cob

Main:

Veg: Gluten

WEDNESDAY

Beef Lasagna with
garlic bread &
green beans

Vegetarian

Haricot beans &
Vegetables in rich
tomato sauce,
garlic bread &
green beans

Allergens

Main: Gluten, milk,
soya, mustard

Veg: Gluten, milk,
soya (garlic bread
only)

THURSDAY

Chicken in gravy
with mash potato,
carrots & broccoli

Vegetarian

Cheesy baked
potato & baked
beans with broccoli

Allergens

Main: Sulphur
dioxide

Veg: milk,

FRIDAY

Cauliflower soup &
wholemeal sandwiches

Allergens

Main: Sulphur dioxide
Gluten, milk, soya fish,
eggs (sandwiches only)

