



newsletter

Newsletter – May 2018



“Together we make a family!”



Follow us on Twitter, Instagram and like us on Facebook!

Three great ways for you to keep up to date with all the latest news from the KingsWellies gang!

What have the Wellies Gang been up to this month?

Healthy Body Happy Me Campaign, yoga, library visits, Moo Music, Kids Rock, Book Bug Bags, Jo Jingles, French, Pyjama Drama, visits from our P1 teachers, minibeast hunts, treasure basket play, celebrating our third birthday, baking with Sparky, Graduation photos, making pizzas on the pizza oven, planting our sunflowers, having picnics, playing in our den, flying the drone with Scottie Dog and LOTS MORE



Superhero Week

We especially loved dressing up as Superheroes, designing our own outfits, completing our obstacle course in record time and holding our daily bake sale! Many thanks to everyone for your kind donations. We raised £88.23 for Northsound Radio Cash for Kids Appeal!



Tadpoles, ladybirds, worms, snails and minibeasts galore!

We are learning all about life cycles and are really enjoying studying the lifecycle of a frog. Our tadpoles are getting very big and will soon become froglets.



Pyjama Drama

We will ALL get a chance to participate in some extra Pyjama Drama sessions this term. Kristine has planned a Royal Wedding extravaganza which we will all be involved in. I wonder who will play Megan and Harry?



Look at Ethan Shand in his new nursery uniform. He looks so grown up! We miss you Ethan. Many thanks to Ethan's mummy and daddy who gave us a very generous Amazon voucher. The boys and girls in our Playground Improvement Group put it to very good use and bought a variety of new resources for our outdoor area.



Staffing Update

Huge congratulations to Paul who has just been accepted to complete his BA degree in childhood development. Paul will complete his degree as a distance learner with Aberdeen University and will continue to work full time with us. Well done Paul. Good luck with your studies!



Congratulations also to Ashleigh who has just completed her SVQ qualification and is now a fully qualified nursery practitioner! This was a huge amount of work Ashleigh. Well done! We are proud of you!

Many thanks also to everyone who voted for Shona in the Entier Shine Awards. Shona has won a very well-deserved award and a £500 bonus! Well done Shona – you really are one of our shining stars!



Best wishes also to Julia, Carli and Sarah who are all sadly leaving us. Julia is moving to Edinburgh and Carli and Sarah are moving to nurseries nearer their homes. We will really miss all of the girls but wish them all the very best in the next chapters of their lives. We have been interviewing and will be welcoming some excellent new members to the team, over the next few weeks.



Life Skills Awards – May 2018

This month, we will be focusing on the following:

Red Award (pre-school children):

- I can help prepare and taste different foods
- I am excited about moving to school
- I can work with numbers up to 10
- I have helped to grow a plant and know its basic parts

Pink Award (anti-pre-school children):

- I can complete a 12 piece puzzle
- I can name shapes
- I have role played a 'real life' situation

Blue Award (toddler children):

- I can identify and put on my own jacket and shoes
- I can listen and follow instructions
- I can tell when I need the toilet

Purple Award (babies):

- I usually have a healthy snack
- I can wash my hands
- I am aware of the room's basic routine

Please help us by reinforcing these VERY important skills at home too.

Sequence Books

Do you like our new sequence books? These are to enable our children to LEAD their own learning. Staff will support and assist but we want our children to take the lead and to be able to work independently. We will be using these to help us to make our own birthday cakes with our friends. Staff will continue to develop these as new topics and experiences arise. If you would like to borrow one to take home, please see Kerry.



What will we be learning and thinking about this term?

Over the next few weeks, we will be focusing on a variety of topics in our playrooms. These will include:

- KINDNESS – Are you a bucket filler or a bucket dipper?
- Child-led improvement groups – Our Eco Group, Kindness Group, Playground Improvement Group and Graduation Group will keep working hard to improve our nursery. **Would you like to join our Parent Group? More information to follow.**
- Lots of planting in our allotments, garden wellies and hanging baskets. Have you seen our sunflower competition? I wonder who can grow the tallest one?
- Seasons and sun safety – **please remember to hand in your labelled sun cream! Please apply it every morning before your child comes to nursery. Staff will then apply it throughout the day.**
- LOTS of Reflection Time in our interest groups; talking about our learning and what we would like to learn with our key workers. Adding to our Talking and Thinking Trees. Working on our floorbooks.



- Outdoor play – barbeques, pizza oven, mud kitchen, water wall, minibeast hunts, ice cream van and lots more
- World map project – **Where have you visited in the world? Have you got any photos or souvenirs for our display in reception?**
- Reading and studying our books from our Book Bug Bags
- Visits from our P1 teachers
- Visits to our new schools
- Visits to and from other nurseries
- Visits to Kingswells School playground for our snack
- Visits to Dobbies, the park, library, community centre and supermarkets
- Practicing for our sports day (date to be confirmed)
- Daily mile – environmental print, shape, numeracy, literacy and pattern walks
- Writing our names and learning lots of rhyming words
- 14th May – ROYAL WEDDING WEEK – a week full of celebrations
- 15th May – International day of families
- 15th May – Ramadan begins
- 24th May – Scavenger hunt day
- 25th May – National tap dance day
- 31st May – World NO Tobacco day (we will be campaigning. Look out for our posters)
- W/B 25th June – Stay and Play sessions for all rooms. Dates and times to follow.



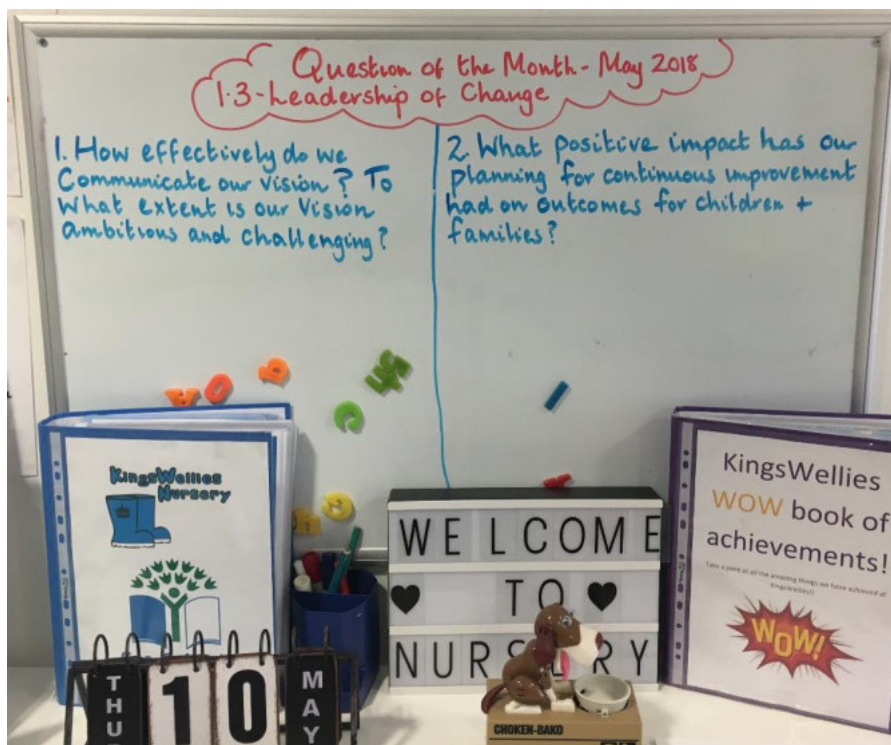
- Literacy, Numeracy and Health and Wellbeing – LOTS of exciting learning opportunities. Have you seen our home-link activities in reception? Please help yourself to our “sound” and “number bags” which are outside the Wellie Beans room and are available for anyone to borrow. We have recently added some new activity ideas to each bag. We will be asking our staff to become Literacy, Numeracy and Health and Wellbeing Champions!



Parental Consultations

Question of the month - May 2018

Each month we strive to self-evaluate our practice because we want to be a better nursery. We also need our parents to give us feedback. Our May 2018 question of the month comes from How Good Is Our Early Learning and Childcare and focuses on Quality Indicator 1.3: Leadership of Change. We very much value your feedback.



Snack and Lunch Consultation

Many thanks to everyone who responded to this important consultation. Please find attached our new menus for your information. Both will be starting on Week 4 on 14th May.

We would also really like to encourage our children and parents to be our “snack shopper” each weekend. Please see Ruby for a shopping list and £10 budget. This is a GREAT way to teach your children about literacy and numeracy whilst doing your normal weekly shop.

Finalised Curriculum Rationale

Please find attached our KingsWellies Curriculum Rationale for your information. Many thanks for all of your feedback.

If we were the VERY BEST nursery in the world – what would we look like?

Please complete and return our attached consultation. Many thanks.

KingsWellies Policies of the Month

This month we would like to provide you with the opportunity to review and consult on our Caring for Babies and Toddlers and Sleep Policy. We hope that you find this information useful. Please give us your feedback and suggestions. Your feedback will shape our future priorities for improvement.

Parent Tips, Ideas and Suggestions

This is a space for parents to communicate with each other. If you have any suggestions, please email us with your ideas so that we can include them in this section of the newsletter.

KingsWellies suggestion: make use of our home-link bags and activities. LOTS of excellent ideas for you to do at home with your children.

Aberdeen City Council Funding for those children Aged 3 years and over

Scott will be emailing out the new Funding information from Aberdeen City Council shortly. This will also include the Funding Application Form. If you are eligible for this funding, please complete your form and submit it to us asap. Many thanks.

P1 Graduation Party

This year we have 29 very grown up boys and girls who will be leaving us to start the next exciting part of their lives in P1. As a special treat, they are planning a huge Graduation Party to celebrate. The party will take place during the evening of Tuesday 26th June from 6-7.30pm. Parents are invited to attend from 7pm to see their children receive their graduation certificate and to take lots of photos. **Any children who don't usually join us on a Tuesday but are leaving to go to school, are more than welcome to attend from 6pm also.**



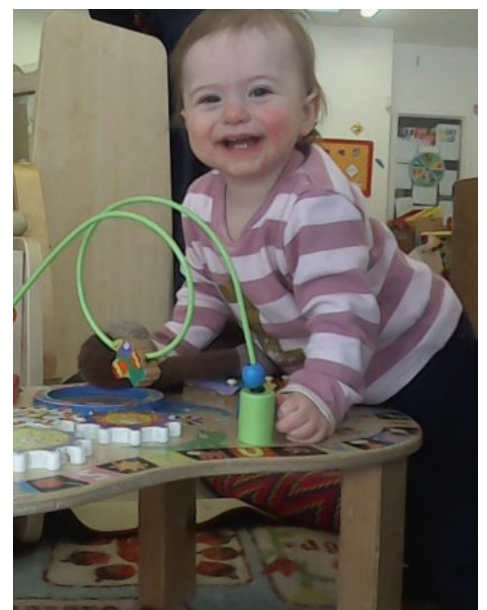
Pre-School Reports and Parent Interviews

The Wellie Beans staff will soon be busy writing reports for our children who are moving to P1. These will be sent home to parents in June. There will also be an opportunity for staff to meet with parents to discuss individual progress.

Comments, Compliments and Concerns

Please give us your feedback – good and bad. It means a lot to us! We only want to keep improving in order to provide the BEST service possible. PLEASE make us your first port of call if you have any comments or concerns. If we work together, we will be able to achieve the very best for all of our children. Many thanks.

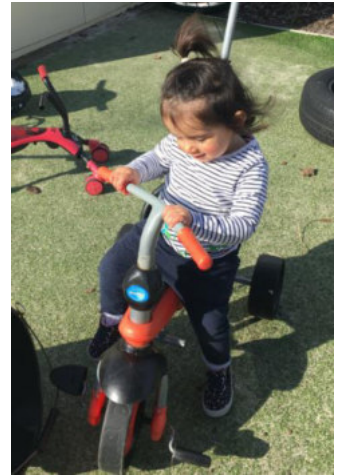
We also have Compliments slips available in reception in relation to our staff. The staff work very hard and we all know that it is nice to hear a compliment from time to time. Many thanks to those parents who have already paid staff members a compliment. We are always looking for Workers of the Week and Workers of the Month.



Drive Carefully

Please always drive carefully and reverse park when in our car park. The speed limit is 5 miles per hour at all times. Many thanks.

If you would like this newsletter or any other documentation from nursery translated in to another language or an alternate reading format, please do not hesitate to contact us.



Snack Menu – May 2018

Parents – please give us your ideas for healthy and nutritious snacks. We must follow the national guidelines set out in “Setting The Table”. You can find these at www.healthscotland.com

Wk 1	AM snack	Pudding	PM snack
Mon	Crackers, spread and cheese and apples	Fruit Yoghurt	Cheese and Onion Rolls and Spaghetti
Tue	Toasted English Muffin, Spread and Oranges	Homemade Carrot Cake	Tomato and Basil Pasta with Sweetcorn
Wed	Homebaked (Class Baking) Cheese Scones with spread and Pears	Fresh Fruit Salad	Soft cheese on Toast with Cucumber
Thu	Pitta bread strips, Cucumber sticks and Humous	Bananas and Custard	Homemade Pizza and Carrot sticks
Fri	Natural Yoghurt with Stewed Apples	Jelly and Fruit	Pitta pockets with variety of fillings and Satsumas
Wk 2	AM snack	Pudding	PM snack
Mon	Rice Cakes with spread and Oranges	Rice Pudding and Stewed Apples	Vegetable fingers and couscous
Tue	Breadsticks, Carrot Sticks, Cheese Cubes and Dip	Homemade BananaLoaf	Wraps with a variety of fillings and Watermelon
Wed	Crumpet with Soft Cheese and Bananas	Fromage Frais	Homemade Vegetable Soup and Crusty Bread
Thu	Natural Yoghurt and Fruit	Semolina and Sultanas	Beans on Toast
Fri	Homebake (Class Baking) Raspberry Muffins with Kiwi	Fresh Fruit Salad	Savoury Rice
Wk 3	AM snack	Pudding	PM snack
Mon	Cracker Bread with soft cheese and Apricots	Ice Cream	Garlic Bread and Raisins
Tue	Home Baked (Class Baking) Fruit Scone and Kiwi	Peaches and Custard	Cocktail Sausages and Beans
Wed	Natural Yoghurt and Fruit	Pear Sponge and Milk	Homemade Pizza and Cucumber
Thu	Pancake, spread and Strawberries	Fresh Fruit Salad	Sausage Rolls and Spaghetti
Fri	Pitta Strips, Pepper Sticks and Humous	Fromage Frais	Sandwiches with a variety of fillings and Pears
Wk 4	AM snack	Pudding	PM snack
Mon	Oatcakes, Spread and Melon	Fromage Frais	Fishfingers with Bread and Butter
Tue	Multigrain Cereal with Fruit Yoghurt	Fresh Fruit Salad	Bagels with a variety of fillings Bananas
Wed	Breadsticks, cheese cubes, Carrot Sticks and dip	Custard	Broccoli and Cheese Pasta Bake
Thu	Homebake(Class Baking) Cheese Pastries&Oranges	Homemade Banana Loaf	Waffles and Spaghetti
Fri	Fruit Loaf with spread and Apples	Jelly and Fruit	Soft Cheese on Toast with Cucumber

Milk and water served with every meal
Fresh fruit and vegetables served daily

Snack Helpers

Mon – Pre-School

Tues – Toddlers

Wed – Pre-School

Thu – Toddlers

Fri – Babies

Wednesday - Pre-School – Asda online snack shop

Children should help during either am snack/pm snack/ pudding – prepare, serve, organise and tidy up.



WEEK 1

MONDAY

Chilli, Rice & sweetcorn

Vegetarian
Vegetable Bean Chilli & Rice

Allergens

Main: Celery

Veg: Celery

TUESDAY

Green Pea Soup & Sandwiches

Vegetarian
Vegetable Bean Chilli & Rice

Allergens

Main: Celery, gluten

WEDNESDAY

Spaghetti Bolognese & Carrots

Vegetarian
Vegetable Bean Chilli & Rice

Allergens

Main: Celery, gluten, sulphur dioxide

Veg: Gluten

THURSDAY

Roast Chicken, Skirrie, Gravy, Potatoes & Mixed Vegetables

Vegetarian
Sweet Potato & Lentil Bake with Vegetables

Allergens

Main: Gluten, sulphur dioxide

FRIDAY

Steamed Cod, Mash & Peas

Vegetarian
Vegetable Risotto

Allergens

Main: Fish, sulphur dioxide

Veg: Celery, milk



WEEK 2

MONDAY

Stovies, Gravy, Green Beans & Crusty Bread

Vegetarian
Vegetable Stovies green beans & crusty bread

Allergens

Main: Gluten, Sulphur Dioxide

Veg: Gluten, Sulphur Dioxide

TUESDAY

Chicken & Vegetable Fricassee with Rice & Broccoli

Vegetarian
Quorn & Vegetable Fricassee with Rice & Broccoli

Allergens

Main: Gluten Celery, milk

Veg: Gluten, Celery, egg, milk

WEDNESDAY

Chipolata Sausages, Yorkie, Mash & Cauliflower

Vegetarian
Vegetable Casserole, yorkie, Mash & Cauliflower

Allergens

Main: Gluten, Sulphur Dioxide, (gluten, eggs in yorkies)

Veg: Sulphur Dioxide, (Gluten, egg in yorkies)

THURSDAY

Beef Lasagne, Garlic Bread & Carrots

Vegetarian
Vegetable Bolognese, Garlic Bread & Carrots

Allergens

Main: Sulphur Dioxide, celery, Gluten, milk

Veg: Gluten, Celery, milk

FRIDAY

Fish Goujons, baby Potatoes & Peas

Vegetarian
Vegetable Sausages, Potatoes & Peas

Allergens

Main: fish, gluten

Veg: gluten,

NURSERIES MENU

NURSERIES MENU



WEEK 3

MONDAY

Mince & Mash with Sweetcorn

Vegetarian
Quorn Mince & mash

Allergens

Main: Sulphur dioxide

Veg: Sulphur dioxide, egg

TUESDAY

Chicken Korma, rice, cauliflower & naan

Vegetarian
vegetable Korma, rice, cauliflower & naan

Allergens

Main: milk, (gluten - naan only)

Veg: milk, (gluten - naan only)

WEDNESDAY

Meatballs in a Tomato Sauce with Spaghetti & Green Beans

Vegetarian
Gnocchi, cherry tomato, mozzarella bake

Allergens

Main: egg, gluten

Veg: egg, gluten, milk

THURSDAY

Lentil Soup & Sandwich

Vegetarian
Vegetable Hot Pot & Broccoli

Allergens

Main: Celery, gluten, sulphur dioxide

FRIDAY

Fish Pie & Broccoli

Vegetarian
Vegetable Hot Pot & Broccoli

Allergens

Main: Gluten, sulphur dioxide, fish, milk

Veg: Sulphur dioxide



WEEK 4

MONDAY

Macaroni Cheese & Peas

Vegetarian
Quorn in a Tomato & Basil Sauce with Penne

Allergens

Main: Gluten, milk, mustard

Veg: Egg, gluten,

TUESDAY

Cottage Pie & Mixed Vegetables

Vegetarian
Vegetable Cottage Pie

Allergens

Main: Sulphur dioxide

Veg: Sulphur dioxide

WEDNESDAY

Chicken Tikka, Rice & Green Beans

Vegetarian
Vegetable Tikka & Rice

Allergens

Main: Milk

Veg: Milk

THURSDAY

Fish Cakes, Potatoes & Carrots

Vegetarian
Lentil & Mushroom Pasta & Vegetables

Allergens

Main: Gluten, fish

Veg: Gluten

FRIDAY

Chicken, Wedges, Pitta Bread with Tomato Sauce & Sweetcorn

Vegetarian
Roast Vegetables in a Tomato Sauce, pitta bread

Allergens

Main: Gluten

Veg: Gluten

NURSERIES MENU

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KingsWellies Nursery – Curriculum Rationale

Rationale

We, the staff at KingsWellies Nursery, believe that all children deserve success in every form. In order to ensure that our children have ongoing, sustainable opportunities to achieve this success, we have built a curriculum which develops the whole person. Our curriculum strives to include (but is not limited by) the necessary knowledge, skills, understanding and attitudes which will drive their motivation for learning. It is lively and engaging for all ages whilst remaining flexible and responsive to the children's needs and interests.

At KingsWellies our rationale is to provide children with a sound basis for their development as lifelong learners with the capacity to develop skills for learning, skills for life and skills for work.

Our curriculum is based around the Scottish National Curriculum documents, "Pre-Birth to Three: Positive Outcomes for Scotland's Children and Families" and the Scottish "Curriculum for Excellence".

The promotion of Literacy, Numeracy and Health and Wellbeing underpins much of the curriculum to provide a supportive and inclusive learning environment for all children, whatever their age and stage of development.

Aims and Objectives

Curriculum for Excellence is about ensuring that we help develop and educate our children and invest in them to become:

- Successful Learners with enthusiasm and motivation for learning and openness to new ideas and determined to reach high standards of achievement.
- Confident Individuals with physical, mental and emotional wellbeing and self-respect and ambition.
- Responsible Citizens with respect for others and a commitment to participate responsibly in political, economic, social and cultural life whilst developing a knowledge of the world and Scotland's place in it.
- Effective Contributors with resilience and self-reliance, who can communicate, work in partnership and apply critical thinking, solve problems and be enterprising and creative.

Implementation

- Challenge and Enjoyment – To ensure the children find their learning challenging, engaging and motivating. The curriculum should encourage high aspirations and ambitions for all.
- Breadth – All children should have opportunities for a broad, suitably weighted range of experiences.
- Progression – The children should experience continuous progression in their learning from 3 to 18 within a single curriculum framework.
- Depth – There should be opportunities for children to develop their full capacity for different types of thinking and learning.
- Personalisation and Choice – The curriculum should respond to individual needs and support particular aptitudes and talents.
- Coherence – Taken as a whole, children's learning activities should combine to form a coherent experience.
- Relevance – Children should understand the purpose of their experiences. They should see the value of what they are learning and its relevance to their lives, present and future.

OUR CURRICULUM RATIONALE

We asked parents, staff and children what skills and qualities they felt were important to develop in our KingsWellies children. These form the smaller stars on route to the Gold North Star which was created by our staff.

- We have designed our curriculum around these skills, attributes and qualities.

We are on a
Learning Journey

To be aware of our emotions and why we are feeling or behaving in a certain way. To be able to express ourselves in order to problem solve in our relationships with our families and friends

To be kind, considerate and respectful of others.

We encourage all learners to be the best they can be. We provide a safe, caring and motivating learning environment where high quality learning and teaching experiences ensure a culture of success and achievement.

To be able to work with numbers in order to solve problems.

To be able to work independently as well as with others and show openness for new ideas.

To be confident learners who can successfully evaluate their learning and set targets for future

To be confident individuals

To develop knowledge of the world and Scotland's place in it.

To be responsible citizens.

To be able to think critically and solve problems.

To be effective contributors

To have good knowledge of KingsWellies and its place within the community.

To be resilient and recognise that making mistakes is part of learning and be able to take measured risks.

To be enterprising and creative.

To be able to set high standards for themselves and be aspirational about their future.

To demonstrate leadership skills and have integrity, self-respect and ambition

To be successful learners

To be able to read well and be able to understand texts as well as express themselves in writing.

KingsWellies
Nursery
Curriculum
Rationale
(April 2018)

Parent Consultation

1. How are we doing?
2. If this was the best nursery in the world, what would it look/be like?

Caring For Babies & Toddlers

&

Sleep Policies

Published	March 2015 (V1)
Reviewed	March 2016 (V2)
Revised	Session 2017/18



Caring For Babies and Toddlers Policy

At KingsWellies Nursery we care for children under the age of two and ensure their health, safety and well-being through the following:

- Children under the age of two have a separate play room and are cared for in small intimate groups. We ensure that younger children have opportunities to have contact with older children whilst at nursery
- Care is taken to ensure that babies and toddlers do not have access to activities containing small pieces, which may be swallowed or otherwise injure the child
- The environment and equipment are checked daily before the children access the area. This includes checking the stability of the cots, areas around and chairs and ensuring restraints on these, pushchairs and prams are intact and working
- All doors are fitted with viewing panels and door finger-guards to ensure the safety of children
- Outdoor shoes are removed or covered when entering the baby and toddler area(s). Staff remind parents and visitors to adhere to this procedure
- Babies and toddlers have their nappies changed according to their individual needs and requirements by their key worker wherever possible
- Information will be shared between parents and the key worker about nappy changing and toilet training in a way that suits the child
- Potties are washed and disinfected after every use. Changing mats are wiped with cleanser before and after each nappy change
- Each baby must have his/her own bedding which is washed at least weekly and when necessary
- Cot mattresses meet safety standards
- Children under two years are not given pillows, cot bumpers or any soft furnishings in order to prevent risk of suffocation
- Children are not to be left to sleep in pushchairs or baby bouncers as their backs are not fully supported in this equipment whilst sleeping (unless the parent has specifically requested this and have signed a disclaimer)
- We follow all cot death prevention/safety guidelines and advise parents of this information. Babies are always laid to sleep on their back, with their feet touching the foot of the cot
- Sheets or thin blankets come no higher than the baby's shoulders, to prevent them wriggling under the covers. We make sure the covers are securely tucked in so they cannot slip over the baby's head
- Children's individual sleeping bags may be used in consultation with parents. These are washed at least weekly and when necessary
- Cots are checked before use to ensure no items are within reach i.e. hanging over or beside the cot (e.g. blind cords, cables)
- No child is ever left unattended during nappy changing time
- Babies are never to be left propped up with bottles as it is both dangerous and inappropriate
- Babies sleeping outside have cat/fly nets over their prams/buggies and prams must lie flat so children are supported. Parents must sign a disclaimer if they wish their child to sleep outside
- Sleeping children are supervised at all times. Ten minute checks are completed and baby monitors are placed within sleep room.
- Checks on sleeping babies are completed every 10 minutes. This may increase to 5 minutes for younger babies and or new babies. Checks are documented with the time and staff initials on the sleep check form
- Staff do not change nappies whilst pregnant until a risk assessment has been discussed and conducted. Students only change nappies with the support and close supervision of a qualified member of staff
- Where food/milk is prepared for babies there is a separate area within the kitchen which is specifically designated for this preparation
- Bottles of formula milk are only to be made up as and when the child needs them. These should be cooled to body temperature, which means they should feel warm or cool, but not hot. Easy Prep machine is used for preparing bottles ready to drink once made. Test milk on staff wrist.

- Following the Department of Health guidelines, we only use recently boiled water to make formula bottles (left for no longer than 30 minutes to cool). We do not use cooled boiled water that is reheated
- Bottles and teats are thoroughly cleaned with hot soapy water and sterilised after use (they will not be washed in the dishwasher)
- Bottles are disposed of after feeding individual babies
- A designated area is available for mothers who wish to breastfeed their babies or express milk (this is a large space within the disabled toilet)
- If dummies are used they will be cleaned and sterilised. This also applies to dummies which have been dropped (see separate dummy policy)
- All dummies are stored in separate labelled containers to ensure no cross-contamination occurs
- Sterilisers are washed out and cleaned daily when in use

Children transfer to the older age group when assessed as appropriate for their age/stage following our agreed transition and settling procedures.

Sleep Policy

At KingsWellies Nursery we aim to ensure that all children have enough sleep to support their development and natural sleeping rhythms in a safe environment. The safety of babies' sleeping is paramount. Our policy follows the advice provided by The Cot Death Society to minimise the risk of Sudden Infant Death. We make sure that:

- Babies are placed on their backs to sleep, but when babies can easily turn over from the back to the stomach, they are allowed to adopt whatever position they prefer to sleep
- Babies/toddlers are never put down to sleep with a bottle to self-feed
- Babies/toddlers are monitored visually when sleeping. Checks are recorded every 10 minutes.
- When monitoring, the staff member looks for the rise and fall of the chest and if the sleep position has changed

We provide a safe sleeping environment by:

- Monitoring the room temperature
- Using clean, light bedding/blankets and ensuring babies are appropriately dressed for sleep to avoid overheating
- Only using safety-approved cots or other suitable sleeping equipment (i.e. pods or mats) that are compliant with British Standard regulations
- Only letting babies sleep in prams or buggies if we have parents' written permission
- Not using cot bumpers or cluttering cots with soft toys, although comforters will be given where required
- Keeping all spaces around cots and beds clear from hanging objects i.e. hanging cords, blind cords, drawstring bags
- Ensuring every baby/toddler is provided with clean bedding and their own bag to store it in
- Transferring any baby who falls asleep while being nursed by a practitioner to a safe sleeping surface to complete their rest
- Having a no smoking policy.

We ask parents to complete sheets on their child's sleeping routine with the child's key worker when the child starts at nursery and these are reviewed and updated at timely intervals, at least every three months. If a baby has an unusual sleeping routine or a position that we do not use in the nursery i.e. babies sleeping on their tummies, we will explain our policy to the parents and ask them to sign to say they have requested we adopt a different position or pattern on the sleeping babies' form.

We recognise parents' knowledge of their child with regard to sleep routines and will, where possible, work together to ensure each child's individual sleep routines and well-being continues to be met. However, staff will not force a child to sleep or keep them awake against his or her will. They will also not usually wake children from their sleep. Staff will discuss any changes in sleep routines at the end of the day with parents and will share observations and information about children's behaviour when they do not receive enough sleep.

Sleeping twins

We follow the advice from The Foundation for the Study of Infant Deaths (FSID) regarding sleeping twins and will not put them together in the same cot to sleep.

Further information can be found at:

<http://fsid.org.uk/page.aspx?pid=426>

<http://www.healthychildcare.org/pdf/sidschildcaresafesleep.pdf>