

newsletter

KingsWellies
Nursery



QueensWellies
Nursery



WestEndWellies
Nursery



Term 4 – April / May / June / July 2025

“Together we make a family!”

Follow us on Instagram and Facebook!

Two great ways for you to keep up to date with all the latest news from the Wellies Gang!

Hello Spring! We have been soooooo busy already this year and have lots more planned during term 4.



Easter Celebrations

We have been very busy celebrating all aspects of Easter and have lots more planned for Spring. We have made Easter bonnets, painted daffodils, painted Spring flowers, pressed Spring flowers, made lots of chocolate treats, found out about the lifecycle of a chick, researched the life cycle of frogs, undertaken Easter scavenger hunts, found out about caterpillars, butterflies and bunny rabbits, released our own butterflies, made lots of beautiful arts and crafts, baked bread and made lovely Easter cards.



In April, all three nurseries are taking a trip along to the Pets corner at Hazelhead Park to see the spring animals.

KingsWellies:

KingsWellies are also planning trips to visit the library to pick out some spring books to read.

KingsWellies are going to paint and decorate eggs before rolling them down the hill on Good Friday!

Queenswellies:

WC 7th & 14th April - Easter Treats with Chef Lisa and Bees will deliver these to the Nursing Home.

7th & 8th April - Bumbles will be boiling, decorating and rolling their eggs.

7th to 18th April - Easter Bonnet Competition. Please bring your creations into the nursery and the winners will be picked on Friday 18th April.

10th April - Bees visit to Pets Corner.

14th April - Easter Treats with Chef Lisa and Bumbles will deliver these to the Nursing Home.

14th & 15th April - Bees will be boiling, decorating and rolling their eggs.

16th April - Easter Egg Hunt.

17th April - Bumbles to Pets Corner

18th April - Friday Friends with Megan coming for Easter Party and to pick our Easter Bonnet winners!!!



WestEnd Wellies:

We have lots of exciting things planned for Easter throughout the entire month of April at WestEnd. Along with the other settings, we shall be decorating and rolling our hard-boiled eggs, visiting our local library to read and collect some Easter stories, looking at different lifecycles which occur during spring (Caterpillars, Frogs, and Chicks). Planting and growing flowers and vegetables in our allotments. Carrying out activities and singing songs at our local Care Home and meeting the Minister at Mannofield Church to listen to the Easter Story. Between 14th-18th April, we will be holding our Easter Bonnet competition with a winner to be announced on the Friday.

What else have the Wellies Gang been up to?

Chinese New Year, fun with our Therapets (Tony and Patsy), looking after our hamster, Bucket Fillers, Robbie Burns Day, national kindness day, Makaton training, pancake day, Valentine's Day, random acts of kindness day, national anthem day, minibeast hunts, World Down Syndrome Day, meeting our Aberdeen Friday Friends Group, visits from ChildSmile, puddle-jumping, collecting tadpoles, World Book Day, book fairs, enjoyed picnics, being Eco Warriors, visits to the park, supermarkets, Dobbies and the library, Mother's Day, working with our extra-curricular teachers and LOTS more.....



KingsWellies have also enjoyed planning for our spring and easter topics, making lovely friendship bracelets with Chef Lisa and our popular Stay and Play days across the nursery.

Queenswellies are enjoying their Spring and Easter topics too. They also have been loving Gym Bunnies, Kids Rock and Moo Music.

West End Wellies have been extremely busy in our garden helping AJ and Davie build our allotments for our vegetables. We have also designed our bug hotel which will be open for minibeast visitors very shortly. Spring/Easter is always extremely busy with lots of cross-curricular opportunities available for the children, with new and exciting experiences to explore. Please look at our planning boards and contribute with your ideas also.

Health and Wellbeing

For more ideas on what you can do with your child at home to promote health and happiness, you can download lots of activity guides from www.ndna.org.uk/healthy. We really enjoyed participating in the latest Healthy Body, Happy Me campaign. We completed lots of exciting activities.

Queenswellies enjoyed taking part in a variety of activities throughout the Health week:

- Mon: Magnificent Me - Walk to park and Yoga
- Tues: Amazing Appetites- Fruit Skewers and Smoothies
- Wed: Terrific Twisters - Cheese Twists and Twister Board Game
- Thurs: Brilliant Balancers - Obstacle course in our garden
- Fri: Fearless and Flexible - Bees Cyclone and Gym Bunnies



West End Wellies:

West End Wellies incorporated a few of the Healthy Body, Happy Me activities into our week. These included, "Fruit Face Fun" for developing our hand-eye coordination whilst using knives to create our fruit faces, which made a delicious snack. "Obstacle Course" during our Gym Bunnies session with Lisa. This is always a firm favourite with the children. "Doodle around" was great fun, sparking creativity and encouraging the children to think imaginatively, pushing them to explore new ways of expressing themselves with art.



National Down Syndrome Day

We LOVED having Megan in to work with us at QueensWellies and to tell us all about National Down Syndrome Day. We had great fun sorting and matching odd socks, making sock puppets, designing our own trendy socks, counting socks and learning why it is good to be different! We have also loved meeting up with our Aberdeen Friday Friends Group and developing excellent partnership working across our communities. If any parents, grandparents or friends would like to come in to talk to us about their families, cultures or memories; we would LOVE to welcome you with open arms. Please just get in touch with our admin team.

Megan, the children and staff had a great day indoors and outdoors wearing our jazzy odd socks. We are looking forward to seeing Megan and her friends at our Easter Party.

Health Month 2025

During our upcoming Health Months, will we be busy learning all about road safety, kitchen safety, bus safety, stranger danger, how to brush our teeth properly, good hand hygiene, healthy food choices, what to do in a Fire Drill, how to phone 999 in an emergency, our families and friendships, respecting rules and routines, being GOOD bucket fillers, talking about our emotions and keeping ourselves safe. We will also be taking part in our Grow Well Choices project where we will be learning all about making healthy life choices. If anyone would like to come in to support us with some learning and teaching activities during health month, please contact our admin teams. We would LOVE to add you to our timetables.

At KingsWellies we have lots of exciting things planned for our Health Month in May, including a visit to the dentist and our local gym, Chef Lisa will be in baking some yummy healthy snacks with the children and we have LOTS more planned to help us to develop our skills and knowledge about keeping a healthy mind and body.

Queenswellies have lots planned for Health Month to help develop our knowledge of how to keep our bodies healthy and safe.

Health Month will be happening over the month on June at WestEnd Wellies. Each week we will be focusing on a different aspect of staying healthy and safe, these will be as following: Healthy Eating, Keeping fit, Mental Health and Staying Safe/People Who Keep Us Safe.





Outdoor Education

Our Outdoor Committee will be working hard with David and AJ to improve our outdoor education areas. This is an ongoing project. Managers in each setting, have lots of exciting ideas for our outdoor areas so will be working hard to ensure that they are awash with lots of literacy, numeracy and health activities. Please give us your feedback on how we can continue to improve these very important areas. If any parents, grandparents or friends would like to support us with our Spring / Summer planting projects, please let us know. We will be planting up our old wellies, hanging baskets, pots and allotments. We are really excited to get going with this.

In KingsWellies garden, we are looking to develop our old sandpit into a new teepee area for the children to enjoy all year round. AJ and Dave will also be looking to expand our new sandpit.. watch this space!

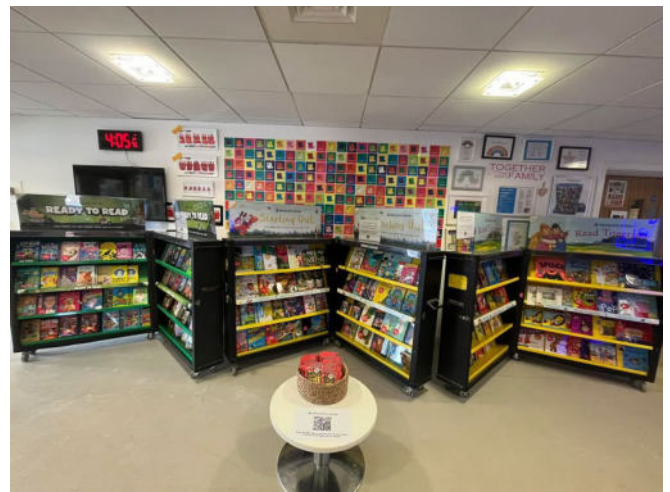
Queenswellies are looking forward to Dave coming in to help us with our allotments, hanging baskets and sensory herb garden.

Wellie Cubs will be hosting a planting afternoon on Thursday 24th April (weather dependant) where parents/carers can plant a flower with their child to be displayed in our front patio.

Book Fairs

Huge thank you to everyone who purchased from us. The children are all busy choosing and ordering their new books, as we speak.

KingsWellies raised £207.13 in our Scholastic Book Fair!!! BIG thank you to everyone who bought books. We will be using the funds raised to purchase brand new books for our children to enjoy.



Queenswellies Book Mama Book Fair made enough sales for us to choose 12 books for our nursery. The children enjoyed looking at the books helping us choose which ones to get for their story corners.

KingsWellies 10th Birthday

We are so proud to say that KingsWellies will be 10 years old on the 13th April 2024. We can hardly believe it! A LOT has happened in the past 10 years! A huge thank you to all of our amazing staff. We really cannot underestimate how hard they all work to ensure that our Wellies children are safe, happy, nurtured and learning.

A very special thanks also goes to Laura, Marcia and Emma who have all been with us from day one when we opened on 15th April 2015. That level of commitment and loyalty is almost unheard of. Huge thanks to these very special ladies. We are planning a whole week of celebrations to treat our lovely children and staff. Look out for our birthday celebrations on Facebook.



Staffing Update

Welcome to a number of new staff who have all recently joined us as support staff and practitioners within our rooms. Staff photos can be seen up in our reception areas. We are delighted to welcome such dedicated staff to our teams. Please also see our Facebook posts where we keep you abreast of staffing changes and all that is happening on a day-to-day basis across all rooms within Wellies Nurseries.





At KingsWellies we have welcomed some new friendly faces to our growing team! Lois who has joined us in the baby room. Lois has settled into her new room well and has been enjoying getting to know all of the children!

We have also welcomed Carol, our new Kitchen Assistant. Carol has been enjoying working in the kitchen alongside our chef and has settled into her new role.

Good luck to all the staff who have left us in the last few months, we will miss you.



QueensWellies have welcomed some new faces to our growing team Demi, Enya, Fran and Lauren. Demi has joined our Bees room and Lauren has joined our Bumbles room. Fran and Enya will work between both rooms.



With the numbers in WestEnd Wellies continuing to grow, we have expanded our team with 3 new lovely members. Chloe Fraser has been with us since December last year, she has successfully completed her Working Rite placement and is now with us full time. Demi and Jade have also joined us from other nursery sectors, and are settling in nicely. Please look at our staffing board to familiarise yourselves with our growing team.

Children as Active Learners: Books for bereavement, loss, grief, stress, worry and separation

We have lots of different books available in our nurseries. Please just see a member of staff if you would like to borrow any of them. We also have child lending libraries, parent lending libraries, kindness bags, bucket filler bags, literacy bags, numeracy bags, health and wellbeing bags, hamster bags and Patsy / Tony bags which can all be borrowed and used at home to further develop your child's learning and engagement.

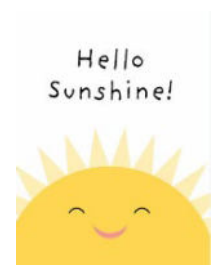
Please just ask a member of staff who will be more than happy to help.



What will we be learning and thinking about in term 4?

Over the next few weeks, we will be focusing on a variety of topics in our playrooms. These will include:

- KINDNESS – Are you a bucket filler or a bucket dipper? We will be working on promoting Kindness
- Writing our names and learning lots of rhyming words
- Improving our outside environments
- Improving our inside environments
- Developing our Enterprise in Education skills
- Working with our amazing Extra-Curricular teachers – **Gym Bunnies, Moo Music, Kids Rock, Chef Lisa, Flashdance, French, Yoga Kids, Rugby Totts. Please contact our Admin team if you would like your child to join Gym Bunnies, Flashdance, Yoga Kids or Rugby Totts. These are all AMAZING additional experiences for your children to enjoy within their nursery day**
- Child-led improvement groups – Our Eco Group, Kindness Group, Playground Improvement Group, Bucket Filler Group, Charities Group and Graduation Group will keep working hard to improve our nursery.
- Allotment planting, wellie planting, planting our pots and hanging baskets – **would any parents or grandparents be willing to come in to help us with this?**
- Life cycles
- 2D and 3D shape – **lots of junk modelling letting our imaginations run wild. Please give us your household junk!**
- Seasons, Spring, Summer and sun safety – **please remember your sun cream!**
- The Scottish Daily Mile - we aim to jog, run or walk for up to 15 minutes every day!
- LOTS of Reflection Time in our interest / colour groups; talking about our learning and what we would like to learn with our key workers then reflecting this is our floorbooks
- Working on our floorbooks, talking tubs and thinking trees
- Outdoor play – outdoor classrooms, barbeques, pizza oven, mud kitchens, sensory walks, environmental print walks, visiting nature reserves, water walls, minibeast hunts, dens, forest schools, Eco Schools, Mount Everest, parks and lots more
- Grow well choices – making healthy decisions
- Makaton – we are getting good at using this sign language! Simone is an amazing teacher!
- Transport and Road Safety
- Reading and studying our books from our Book Bug Bags
- Visits out and about in the community – using the bus
- Visits from our new P1 teachers



- Visits to some of our schools
- Rules and routines Getting ready for school
- 3RD April – World Autism Month
- 10th April – National Siblings Day
- 12th – Space Flight Day
- 13th April – KingsWellies 10th Birthday Party – a week of celebrations!
- 22nd April – Earth Day
- 23rd April – St George’s day (England)
- 25th April – World Penguin day
- 27th April – Tell a story day
- 29th April – International dance day
- 30th April – International jazz day.
- 30th April – National honesty day
- 1st May – World Laughter day
- 1st May – Mother Goose day
- 7th May – Space day
- 10th May – National vegetarian week
- 14th May – World migratory bird day
- 15th May– International day for families
- 20th May – World Bee day
- 21st May – KW Quality Assurance Visit from Aberdeen City Council
- 23rd May – World turtle day
- 24th May – Scavenger hunt day
- 25th May – National tap dance day
- 29th May – National biscuit day
- 30th May – Bike week
- 31st May – No tobacco day
- 1st June – World milk day
- 1st June – Say something nice day
- 5th June – National environment day



- 6th June – QW quality assurance visit from Aberdeen City Council
- 7th June – National food safety day
- 8th June – Global day of parents
- 8th June – World ocean day
- 13th June – Healthy eating week
- 15th June – Nature photography day



- 15th June – Father's day
- 19th June – National picnic week
- 20th June – Longest day
- 21st June – International day of yoga
- 21st June – World giraffe day
- 21st June – Make music day
- 29th June – Children's art week
- 29th June – International mud day



- 1st July – International joke day
- 16th July – World Snake Day
- 21st July – National ice cream day
- 29th July – International tiger day



- **June – Class of 2025 Graduation party. More information to be sent**
- Literacy, Numeracy and Health and Wellbeing – LOTS of exciting learning opportunities.

Spaces Available

We currently have spaces available for all ranges at KingsWellies, QueensWellies and West End Wellies. If you are pregnant, it is really important that you get in touch with us as quickly as possible. Don't wait until your baby is born! Please contact the office for additional information on 01224 741175 or admin@kingswelliesnursery.com

Staff Training Update

All staff continue to work through our Collegiate and Continual Professional Development Calendars and are also able to access a great number of courses and training opportunities through digital formats. Training which is ongoing during this term includes:

- Funding follows the child
- Understanding child development

- Neglect – children and young people
- Leadership at all levels
- SSSC Leadership Badges – ALL SMT and Supervisors
- Practical management skills and expectations
- Effective Interactions
- Outdoor learning
- Learning through Play
- Azillo Training
- SVQ Training – Children and Young People
- Child-led play
- Curriculum for Excellence
- Realising the Ambition: Being Me
- Children’s Panel Training (ongoing) - Emma Melvin and Kerryn McRae. WELL DONE Ladies!
- Child Protection and Safeguarding



Parent Engagement Events

We would like to invite our parents to join us for a variety of parent engagement events this term. Please also be reminded that all parents can request a meeting with your child’s Key Worker / Supervisor at ANY time. Please just contact our Admin team who will arrange this for you as a matter of priority. We will also be asking all of our P1 parents whether they would like to book in a meeting prior to their child leaving to attend school. Please let us know asap so that we can get these in to the diaries for you.

14/6/25 – Class of 2025 Graduation Party

Stay and Play dates for June for KingsWellies:

Monday 9th June – Tots

Tuesday 10th June – Jellies

Wednesday 11th June- Beans

Thursday 12th June – Babies

Queenswellies Stay and Play- 04/06/25



West End Wellies Badger Easter Egg Hunt – 23rd April

West End Wellies Cubs Planting Afternoon – 24th April

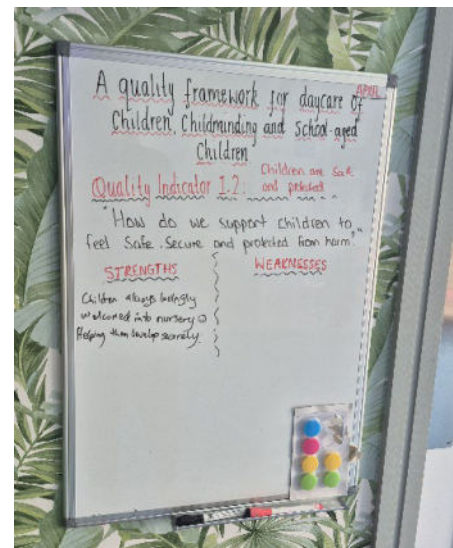
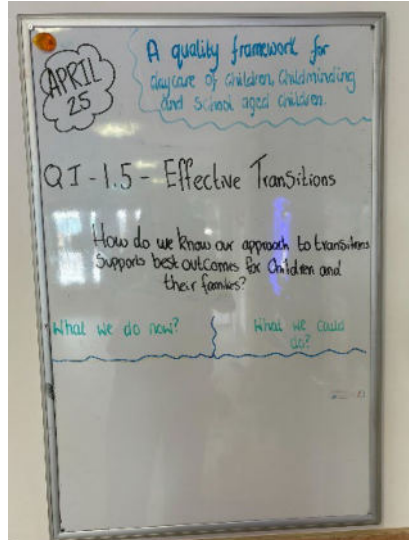
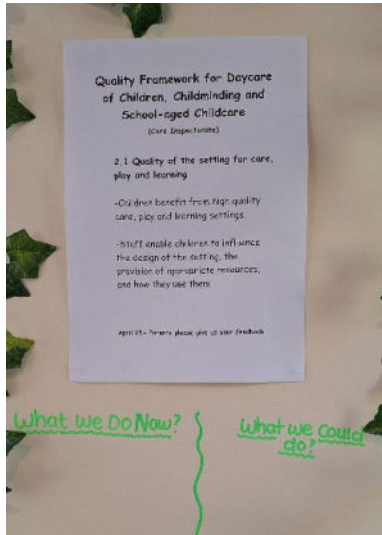
West End Wellies Summer Sports Day – Date to be confirmed nearer the time.

SPORTS DAY

Parental Consultations

Question of the month April 2025

Each month we strive to self-evaluate our practice because we want to be a better nursery. We also need our parents to give us feedback. Please take five minutes to add to our self-evaluation boards in our receptions. Many thanks – we very much value your feedback.



Wellies Nurseries Policies of the Month

This month we would like to provide you with the opportunity to review and consult on our Visits and Outings Policy and our Sun Care Policy. We hope that you find this information useful. Please provide us with feedback.

Parent Tips, Ideas and Suggestions

This is a space for parents to communicate with each other. If you have any suggestions, please email us with your ideas so that we can include them in this section of the newsletter. We will also display them on our You Said, We Did Boards.

Wellies suggestion: Can you do a good deed every day in order to spread kindness and be a good bucket filler? Make use of our lending bags and libraries to have some fun with your children at home.

Comments, Compliments and Concerns

Please give us your feedback – good and bad. It means a lot to us! We only want to keep improving in order to provide the BEST service possible. **PLEASE make us your first port of call if you have any comments or concerns. PLEASE don't go directly to the Care Inspectorate – SPEAK TO US FIRST. If we work together, we will be able to achieve the very best for all of our children. Many thanks.**

Drive Carefully

Please always drive carefully and reverse park when in our car park. The speed limit is 5 miles per hour at all times. Many thanks.

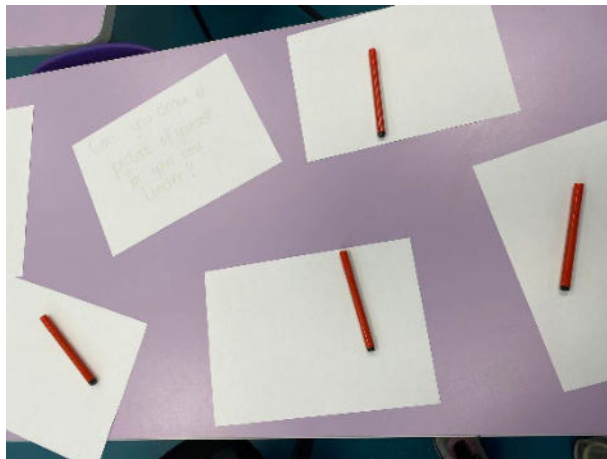
Absences

Please call the nursery by 10am to inform us if your child won't be in that day. This is in line with our Child Protection and Health and Safety Policies. Please ALWAYS sign your child(ren) in and out. Registers are outside each room.

Wellies Nurseries Class of 2025

Here are some suggestions to help prepare your child for starting school in August 2025:

- Do they recognise their own name? If not make a sign together for their room and where they hang their jacket at home so that they are used to seeing it.
- If you are going to teach them to write their name, please only teach the first letter as a capital. If they learn their whole name in capitals, it then takes time for them to unlearn it. The capital / upper case letter is the "name" and the lower-case letter is the "sound".
- They will not have the same child: staff ratios as in nursery. One teacher could have up to 30 / 33 children. Encourage them to be as independent and resilient as possible, from now on.
- Remember school is different from when you went, they will be unlikely to have their own desk but they will be very used to the set-up as it's similar to Nursery.
- Label EVERYTHING!
- Encourage them to open their own snacks so that they are able to do it at playtime and lunchtime.
- Velcro shoes are best!
- Don't share your concerns with them and don't talk about how they are your baby and they aren't ready! They are taking their lead from you!
- Can they put on their own jacket and zip it up? If not, start encouraging them now!
- Can they use the toilet independently and wash and dry their hands independently? Now is the time to work on this.
- When you find out their gym days, it's best not to put them in shirt and tie on these days.
- In Scotland all P1-P3 gets a free lunch. When you get a menu, pop it somewhere in the house and let them know what the choices are each day and decide what they will have together.
- P1 teachers are angels in disguise, we promise you can trust them with your baby!

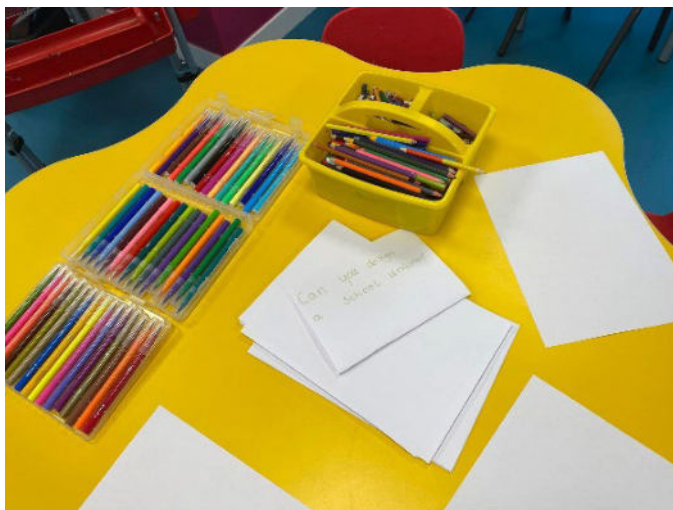


P1 Transition

We have around 45 children who will be leaving us in July/August to go to P1.

These children will come from Wellie Beans, Wellie Jellies, Wellie Bees and Wellie Badgers. We have lots planned to make this transition process as easy for them (and parents) as possible. This is a very exciting time for them and we ask all parents to be positive and enthusiastic. Activities include:

- Visits to their own schools (schools to provide dates)
- Visits by their new teachers to Wellies Nurseries
- Visits to Kingswells School and Playground
- Practicing how to line up, get our own coats on and zip them up, change our shoes, pack our bags and eat our play piece independently
- Can we write our own names? Can we recognise our names? Can we hold a pencil?
- Developing our independence and resilience
- Can we use the toilet independently and wash and dry our hands by ourselves?
- Working with our extra-curricular teachers to develop lots of new skills
- Completing our Wellies Life Skills Awards
- Bus journeys and lots of community visits Road safety and stranger danger talks
- Focus on Literacy, Numeracy, Health and Wellbeing
- School Uniforms and changing independently for PE
- Rules, Routines, Boundaries and Friendships
- Looking at our school websites with our friends
- Wellie Beans, Wellie Jellies, Wellie Bees and Wellie Cubs spending lots of time together to discuss P1 and preparation for school
- Individual Learning Journeys sent to each school before the end of term
- Lots of "School" stories and "School" topic activities
- Key Workers to contact each school to pass on all relevant individual information



- Parent meetings with our Key Workers / Supervisors (school leavers)
- Stay and Play dates for parents to join us
- Learning Packs / bags and libraries available to take home
- Parents invited to visit each school (schools to provide dates)
- Environmental print walks
- Graduation!! We can't wait for our Graduation committee to start planning the party of all parties!

Please let us know if we have missed anything. Have you got any other ideas as to how we can make this exciting process as easy and as smooth as possible?

Partnership Working

We are delighted to continue to work in very close partnership with Working Rite Youth Employment Charity, The Prince's Trust, Winning Scotland and NESCOL. Through all of these organisations we are able to provide employment opportunities for young people throughout the North East.

Autism Toolbox

Please find attached the link to an excellent Autism Toolbox. This website is full of activities, not just related to Autism but to a range of additional support needs. We do hope that you find this information useful.

<https://www.autismtoolbox.co.uk/>

If you would like this newsletter or any other documentation from nursery translated into another language or an alternate reading format, please do not hesitate to contact us.

APRIL
AUTISM
AWARENESS MONTH



Visits and Outings Policy

Published	March 2015 (V1)
Reviewed	March 2016 (V2)
Reviewed	May 2023 (V3)
	August 2024 (V4)
Revised	Annually

**Wellies
Nurseries**



Visits and Outings Policy

At Wellies Nurseries we offer children a range of local outings including walks and visits off of the premises. We believe that planned outings and visits complement and enhance the learning opportunities inside the nursery environment and extend children's experiences. We always seek parents' permission for children to be included in such outings.

Procedures

Visits and outings are carefully planned using following guidelines, whatever the length or destination of the visit:

- A pre-visit checklist, full risk assessment and outings plan will always be carried out by a senior member of staff before the outing to assess the risks or hazards which may arise for the children, and identify steps to be taken to remove, minimise and manage those risks and hazards. We will endeavour to visit the venue prior to the visit. This will ensure that the chosen venue is appropriate for the age, stage and development of the children
- Written permission will always be obtained from parents before taking children on trips
- We provide appropriate staffing levels for outings dependent on an assessment of the safety and the individual needs of the children At least one member of staff will hold a valid and current paediatric first aid certificate
- A fully stocked first aid box will always be taken on all outings along with any special medication or equipment required
- A completed trip register together with all parent and staff contact numbers will be taken on all outings
- Regular headcounts will be carried out throughout the outing. Timings of headcounts will be discussed in full with the nursery manager prior to the outing
- All staff will be easily recognisable by other members of the group; they will wear the nursery uniform and high visibility vests/jackets
- Children will be easily identified by staff when on a trip by use of a sticker system. The nursery name, number and mobile number will be displayed
- A fully charged mobile phone will be taken as a means of emergency contact
- In the event of an accident, staff will assess the situation. If required, the group will return to nursery immediately and parents will be contacted to collect their child. In the event of a serious accident an ambulance will be called at the scene, as well as parents being contacted. One member of staff will accompany the child to the hospital, and the rest of the group will return to the nursery.

Risk assessment / outings plan

The full risk assessment and outing plan will be completed prior to all trips and outings. Parents will be provided with a copy of this at their request. This plan will include details of:

- The name of the designated person in charge - the outing leader
- The name of the place where the visit will take place
- The estimated time of departure and arrival
- The number of children, age range of children, the ratio of staff to children, children's individual needs and the group size
- The equipment needed for the trip, i.e. first aid kit, mobile phone, coats, safety reins, pushchairs, rucksack, packed lunch, etc.
- Staff contact numbers
- Method of transportation and travel arrangements (including the route)
- Financial arrangements
- Emergency procedures
- The name of the designated first aider and the first aid provision
- Information relating to any individual child's learning and development needs.

Use of vehicles for outings

- All staff members shall inform parents in advance of any visits or outings involving the transportation of children away from the nursery
- The arrangements for transporting children will always be carefully planned and where necessary additional people will be recruited to ensure the safety of the children. This is particularly important where children with disabilities are concerned
- All vehicles used in transporting children are properly licensed, inspected and maintained. Regular checks will be made to the nursery vehicle e.g. tyres, lights etc. and a logbook of maintenance, repairs and services is maintained (where appropriate)
- The nursery vehicle will be kept in proper working order, is fully insured for business use and is protected by comprehensive breakdown cover
- Drivers of vehicles are adequately insured
- All vehicles used are fitted to the supplier's instructions with sufficient numbers of safety restraints appropriate to the age/weight of the children carried in the vehicle. Any mini buses/coaches are fitted with 3-point seat belts
- When we use a mini bus, we check that the driver is over 21 years of age and holds a Passenger Carrying Vehicle (PCV) driving licence. This entitles the driver to transport up to 16 passengers
- When children are being transported, we maintain ratios.

When planning a trip or outing using vehicles, records of vehicles and drivers including licenses, MOT certificates and business use insurance are checked. If a vehicle is used for outings the following procedures will be followed:

- Ensure seat belts, child seats and booster seats are used
- Ensure the maximum seating is not exceeded
- All children will be accompanied by a registered member of staff
- No child will be left in a vehicle unattended
- Extra care will be taken when getting into or out of a vehicle
- The vehicle will be equipped with a fire extinguisher and emergency kit containing warning triangle, torch, blankets, wheel changing equipment etc.

Lost children

In the event of a child being lost, the Lost Child Procedure will be followed. Any incidents or accidents will be recorded in writing and the Care Inspectorate will be contacted and informed of any incidents.

There may be opportunities for parents to assist on outings. The manager will speak to parents prior to the visit regarding health and safety and code of conduct.

Sun Care Policy

Published	March 2015 (V1)
Reviewed	March 2016 (V2)
Reviewed	May 2023 (V3)
	August 2024 (V4)
Revised	Annually

Wellies
Nurseries



Sun Care Policy

Young children need special care when they are in the sun. They love playing outdoors, but they are not aware of how the sun can damage their skin. So as adults it is important that we take precautions for them.

Getting sunburnt as a child leads to greater risk of skin cancer in later life, but the good news is that sun damage can be avoided. Experts believe that four out of every five cases of skin cancer are preventable.

It is important that children, especially young children, are given the protection they deserve.

Sun Know How

Health Education Authority 1998

Aims

- To protect children while they are in our care at any Wellies Nurseries setting.
- To help work in partnership with parents to protect children at other times.
- To help children understand the importance of keeping themselves safe in the sun.

How aims are to be achieved

1. Wellies Nurseries staff to educate themselves about the risks of sunburn.
2. Wellies Nurseries staff to provide protective care over the summer months between April and September.
3. Wellies Nurseries staff to take particular care when children are outside during the hottest part of the day between 11 a.m. and 3 p.m. during this period children should:
 - Wear the legionnaire style hats provided
 - Wear clothing covering shoulders and arms
 - Only be outside for limited periods, when it is sunny
 - Wear appropriate sunscreen.
4. Provide shady areas in the playground.
5. Parents will be informed about the nursery policy and be encouraged to keep their children safe in the sun through:
 - A newsletter at the beginning of term
 - Informal information from staff
 - Appropriate use of sunscreen
 - Appropriate eye protection with a brimmed hat and ideally sunglasses with UV filters.
6. At the beginning of the summer term staff will explain to children about the need to keep safe in the sun and how to do this.

Evaluation

- Regular review with consultation of all relevant parties.

Application of Suncream

Parents /Carers are asked to apply the child's first application of suncream at home prior to attending any Wellies Nurseries setting. Staff will then apply cream to the children at regular intervals throughout the day. Staff do not need to wear gloves when applying cream as long as they have no broken skin and the child, they are applying it to does not have any broken skin. Staff are to wash their hands in between the application of different creams to avoid any cross contamination.

Questions & Answers

Why is sun protection important for children and young people?

Skin cancer is one of the most common cancers in the UK and the number of cases is rising at an alarming rate. The good news is that the majority of these cases can be prevented. Most skin cancers are caused by ultraviolet (UV) radiation from the sun. If we protect ourselves from the sun then we can reduce our risk. This is particularly important for children and young people whose skin is more delicate and easily damaged.

There are simple steps you can take to enjoy the sun safely – cover up with clothing and a hat, spend time in the shade and apply at least SPF 15 sunscreen generously and regularly.

What about vitamin D?

We all need some sun to make enough vitamin D. Enjoying the sun safely, while taking care not to burn, should help most people get a good balance without raising the risk of skin cancer. For more information on vitamin D, visit the SunSmart website: www.sunsmart.org.uk

Why have a Sun Protection Policy?

Nurseries and schools have a responsibility to ensure that children are protected from overexposure to UV rays from the sun, and the National Institute for Clinical Excellence (NICE) guidelines for skin cancer prevention (2011) recommend that schools and nursery's "develop, implement and monitor a specially tailored policy to ensure people are protected as much as possible". This is particularly important when engaging in nursery-based activities such as sports days, outdoor PE lessons, outdoor excursions, where the potential for sunburn is higher. Although fair-skinned people have a higher risk of sun damage, sun care is relevant to everyone.

Developing a sun protection policy is an important step towards encouraging good health now and in the future.