

Newsletter – April and May 2019



“Together we make a family!”



Follow us on Twitter, Instagram and like us on Facebook!

Three great ways for you to keep up to date with all the latest news from the KingsWellies gang!

Hello Spring! We have a BUMPER newsletter for you this time..... We have been soooooo very busy during term 3 and have LOTS planned for term 4!

Easter Celebrations

We will be making Easter bonnets, painting daffodils, making lots of chocolate treats, finding out about lifecycle of a chick and making Easter cards.



Join us in decorating your own Easter Bonnet for our parade!

Bring in your hats for display from Monday 8th till Friday 19th April.



There will be a ballot box to vote for your favourite one, a **WINNER** in each room!



PRIZES to be won!



We will also have great fun painting, decorating and rolling our eggs down the Prime Four “Mount Everest” hill beside the nursery. We will be hearing about the Easter story and have invited the local Minister in to speak to us about this very important celebration.

What else have the Wellies Gang been up to this term so far?

Chinese New Year, Red Nose Day, visit to the Dentist, Child Smile visits, Princes Trust visit, safari jungle gym, national kindness day, collecting for cash for kids, Makaton training, thinking about our new pet, visit from the vet (Alison and Nessie), baking with Sparky, minibeast hunts, yoga, visits to Dobbies, visits to the library, French, Jo Jingles, Moo Music, Kids Rock, Mac the Monkey, Mac’s Results, Tempest Photographs, World Book Day, photo day, Down’s Syndrome awareness day and LOTS more.....



Mac's Results

Eilidh MacInnes who is the director of Mac's Results will now be with us every Tuesday and Thursday to deliver innovative and fun PE sessions with our children. She will be making very good use of our outdoor environment within prime four and will be focusing on the Health and Wellbeing Experiences and Outcomes from the Curriculum for Excellence.

Eilidh is a qualified personal trainer who can also provide one to one sessions (adults and children), group classes and lots of different PE sessions. The children LOVED their taster sessions this week when ALL of our toddlers and pre-schoolers were able to participate. Eilidh will also provide additional ad hoc sessions for us so that everyone has a chance to enjoy this vigorous and exciting class. To sign your child up to Macs Results please contact Eilidh at macsresults@gmail.com.

We already have 39 VERY keen boys and girls signed up to get going. For more information please email Eilidh.



Comic Relief

We raised £40.06 for this very worthwhile cause. Many thanks to all who contributed and wore either their PJ's or something red!



La Jolie Ronde French Lessons

We have been learning our numbers, our colours, the parts of our bodies, our names, how to greet our friends, animals, food items and all about Easter in FRENCH! We will also hold an egg hunt to celebrate our French Easter. Linda has got lots more planned for us in term 4 and we are growing in confidence every week.

Linda also has a series of excellent books and CDs for sale. Please let us know if you would like to purchase any. This will help to reinforce our vocabulary at home too.



EARLY YEARS FRENCH!

ENABLING CHILDREN TO EXCEL AT FRENCH FOR 3-4 YEAR OLDS

Follows the Early Years Foundation Stage

WHY SHOULD MY CHILD LEARN FRENCH WITH LA JOLIE RONDE?

From day one they will:

- Imitate and repeat oral activities
- Be taught by fully vetted, trained and insured tutors
- Learn through fun songs, puppets, finger rhymes and games
- Benefit from a structured and progressive programme, which enhances other learning
- Be rewarded for special achievements
- Gain a good grounding for future language learning

Happy Language Learning

La Jolie Ronde has been at the forefront of modern language teaching since 1983. It continues to offer a unique, structured and proven programme for children aged 3-11 years old enabling them to excel in a foreign language.

La Jolie Ronde French and Spanish are taught to tens of thousands of children each week by fully trained teachers in over 1,000 centres across the UK and Ireland.

www.lajolieronde.co.uk
www.lajolieronde.ie

Healthy Body Happy Me - KingsWellies Health Month

April is our Health Month and we will be getting involved in LOTS of health and happiness.....

- Music and movement
- Active play
- The Daily Mile
- Physical literacy
- Treasure hunts
- Grow well choices
- Healthy eating
- Keeping fit
- Staying safe
- Mental health – keeping my body and mind healthy
- Bucket fillers!



Thank you to all of those parents who kindly took time to complete our Health Month Consultation. We took your ideas in to account. I hope you can see them in the timetables below.



Kingswellies Health Week

Week one: Healthy eating – 1/4/19

GROW WELL CHOICES – ALL WEEK

Day	AM	PM
Monday	Visit from Mark (Chef) to do food activities	Digging up veggies from our allotments to make homemade soup
Tuesday	Grow well choices – <ul style="list-style-type: none"> • Healthy food/non-healthy food • What healthy food does to my body 	Smoothie bar in reception (Donation for Marie Curie trust)
Wednesday	Shopping trip to buy fruit and veg for food tasting	Healthy home bakes
Thursday	Smoothie bar in reception (Donation for Marie Curie trust)	Visiting the old folks home with healthy home bakes
Friday	Preparing Healthy Snacks	Healthy picnic at Hazelhead park



Kingswellies Health Week

Week Two: Keeping Fit 8/4/19

GROW WELL CHOICES AND DAILY MILE – ALL WEEK

Day	AM	PM
Monday	Walks around the local area	Kerryn to do some dance classes with toddlers and pre-school children
Tuesday	Obstacle course at the forecourt	Charley and Kieran to do football/ball skills with children in small groups at the forecourt.
Wednesday	Yoga classes for babies - Leanne	Visit from Sarah Masterson to do keep fit! (Toddlers) 2-3pm Pre-school visit to the gym 2pm (two groups of 12 children half an hour each)
Thursday	Kerryn to do some dance classes with toddlers and pre-school children	Exercise bikes in reception for staff to keep fit (sponsor form to go up/just giving page, all proceeds to Marie Curie)
Friday	Trip to the landscaped area (hills) to do active games – <ul style="list-style-type: none"> • Stuck in the mud • What's the time Mr Wolf • Tag etc 	Charley and Kieran to do football/ball skills with children in small groups at the forecourt.





Kingswellies Health Week

Week Three: Staying safe 15/4/19

GROW WELL CHOICES – ALL WEEK



Day	AM	PM
<u>Monday</u>	Trip to library to get books about road safety Toddlers and Pre-School Visit from Donald the Paramedic – 9:30am	Go for walks to practice our road safety
<u>Tuesday</u>	Visit from the police – Discuss stranger danger and staying safe in the community. Getting a look around and sitting in a police car! 10 am	Hand Washing experiment Toddlers
<u>Wednesday</u>	Phoning 999 – What to do in an emergency	Go for walks to practice our road safety
<u>Thursday</u>	Visit from Fire Brigade – Discuss fire safety with the children, children to see around Fire engine 10:30am	Fire Drill
<u>Friday</u>	Hand Washing experiment Pre-School	Stranger Danger discussions



Kingswellies Health Week

Week Four: Mental Health/Keeping my body and mind healthy 22/4/19

GROW WELL CHOICES, BUCKET FILLERS AND DAILY MILE ALL WEEK



Day	AM	PM
<u>Monday</u>	Library visits for books on children's feelings	Learning how to brush our teeth properly
<u>Tuesday</u>	Visit to the dentist 10am 2x groups of Toddlers	New Stories to read - <ul style="list-style-type: none"> • Lucy's blue day • The huge bag of worries • How are you feeling today?
<u>Wednesday</u>	Yoga classes for toddlers – Leanne Yoga pre-school - Jen	Games and races in the nursery garden
<u>Thursday</u>	Talking about our different emotions – What do they mean and how do we deal with them	Yoga for babies – Leanne
<u>Friday</u>	Sexual Health – e.g. – “My pants are private” book	Tooth brushing experiment – Pre School

We are going to be extremely busy promoting our Health and Wellbeing curriculum.

Things have been going really well this week so far in Health Month! We've made lots of smoothies, made healthy home bakes and have been working hard in our new PE classes. We also loved our healthy picnic at Hazlehead Park.

Charley is VERY keen to start our own Wellies football team and Molly will be starting dancing classes with our older children soon. She will focus on jazz, ballet and modern dance. Exciting stuff!

For more ideas on what you can do with your child at home to promote health and happiness, you can download lots of activity guides from www.ndna.org.uk/healthy





Outdoor Education

Our outdoor committee have been working hard with Scott to improve our Outdoor Education Area. Check out are new and improved Water Wall, located round the corner of our garden!



Pets

We will be looking for a new pet soon since we sadly lost the lovely Hermione. Let the office know what pet you think we should get next!



Staffing Update

Welcome to Amy, Kieran, Olivia, Jenny and Lynsey who have all recently joined us. Sophie will be joining us soon too. We are delighted to welcome such experienced practitioners.



Olivia Marnoch



Jenny O'Shaughnessy



Lynsey Ogg



Huge congratulations also to Lauren who has just completed her SVQ3 in Childhood Practice. Well done Lauren – this is a huge achievement and very well deserved!

Best wishes also to Paul who will be leaving us soon. Paul has been with us since day one and we will REALLY miss him. He has worked extremely hard for our KingsWellies children and is one of those people who children will remember for a long time to come. Paul is going to work in a school nursery as a Lead Practitioner. Our loss is their gain. I cannot thank Paul enough for his consistent commitment, reliability and hard work. Keep in touch Paul.



Good luck to Tracey who has taken up a job in a school nearer to her home. You have been an asset to KingsWellies Tracey.

We realise that there have been staff changes recently. However our aim is to ensure consistency as much as possible for our children in their everyday lives. Although some children may experience changes in their Key Workers we will ensure that this is done very sensitively and over time. Please see room supervisors and key worker charts (outside each room) for your information.

Supervisors

Our Supervisors in the Pre-School room (Wellie Beans) will now be Caroline Reid, Natalie Hardie and Leanne Watt.

Our Supervisors in our Toddler room (Wellies Tots) will now be Laura Barry, Rachel Cross and Hannah Mathieson.

Our supervisors in our Baby room (Wellie Babies) will remain as Emma Campbell and Steph Clark.



Life Skills Awards – April 2019

This month, we will be focusing on the following:

Red Award (pre-school children): I can take photos or record sound and images to show the world around me, I can find information from pictures, I can pick and make a healthy snack, I have helped to grow a plant and know its basic parts, I am a bucket filler

Pink Award (anti-pre-school children): I can name shapes, I can name and mix colours, I can confidently go to the toilet, I am a bucket filler

Blue Award (toddler children): I can confidently count to ten, I can tell when I need to go to the toilet, I can identify my basic colours, I am a bucket filler

Purple Award (babies): I can identify my basic colours, I am excited about moving to toddlers, I am aware of the room's routine, I am a bucket filler



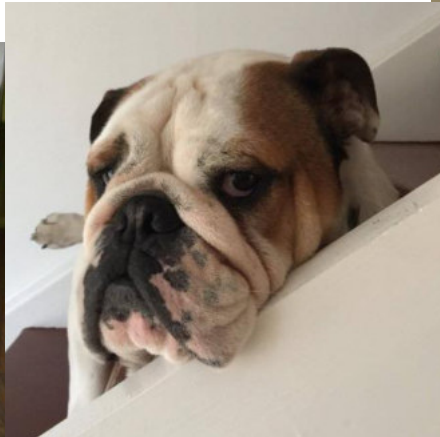
Please help us by reinforcing these VERY important skills at home too.



Goodbye Rumps

We are very, very sad to let everyone know that Rumpole passed away recently. He was a HUGE part of our KingsWellies family and will be very sadly missed. Rumpole was such a character, always up to something! He LOVED coming to the nursery and LOVED being cuddled and petted by the children. He was also a Therapet for 3 years and really brought a lot of joy and laughs to the people around him. He was a really, really good boy and was best buddies with Ziggy.

We will miss you Rumps!



Children as Active Learners: Books for bereavement, loss, grief and separation

- Fly, eagle, fly – Christopher Gregorowski
- Badger's Parting Gifts – Susan Varley
- No matter what – Debi Gliori
- The goodbye book – Todd Parr
- Ida, Always – Caron Levis
- I miss you – Pat Thomas
- Dead bird – Margaret Brown
- Mum and Dad glue – Kes Gray
- The huge bag of worries – Virginia Ironside

What will we be learning and thinking about in April and May?

Over the next few weeks, we will be focusing on a variety of topics in our playrooms. These will include:

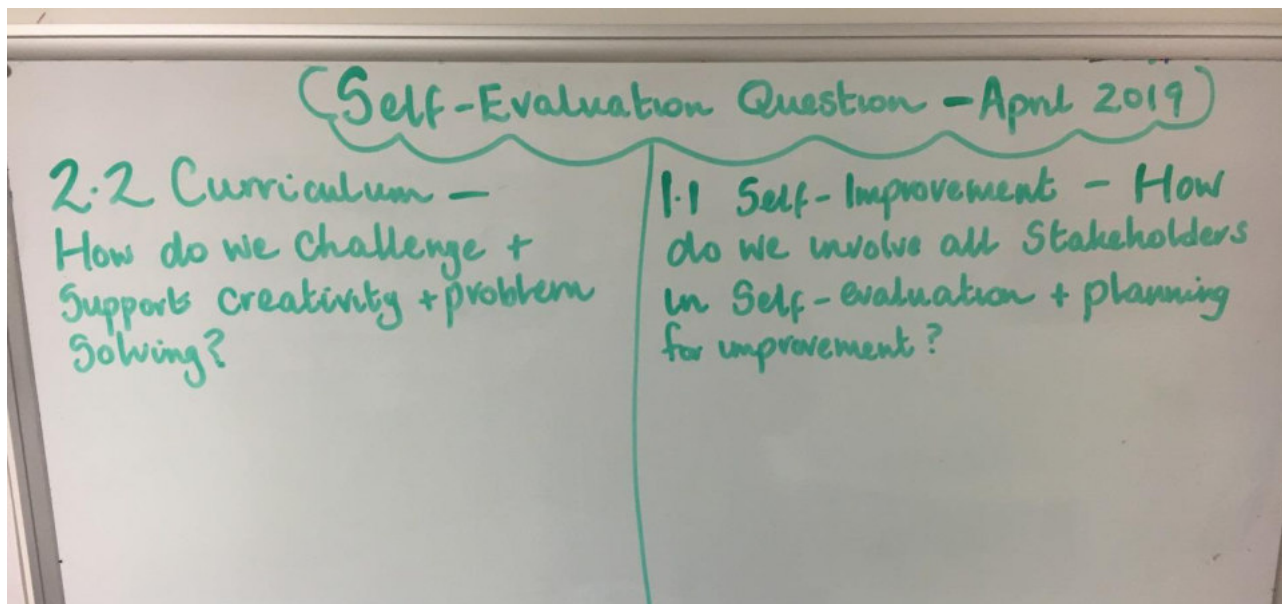
- **Health Month – LOTS going on!**
- **KINDNESS – Are you a bucket filler or a bucket dipper? We will be working on promoting Kindness**
- Superhero week – more information to follow
- Visits from our P1 teachers
- Visits to our new schools
- Visits to and from other nurseries
- Writing our names and learning lots of rhyming words
- Child-led improvement groups – Our Eco Group, Kindness Group, Playground Improvement Group and Graduation Group will keep working hard to improve our nursery. Our Playground Group raised £50 and purchased lots of new resources for outside play. **Would you like to join our Parent Group? More information to follow.**
- Allotment planting and hanging baskets
- Life cycles
- 2D and 3D shape – **please donate your junk for our junk modelling and house corners**
- Seasons and sun safety – **please remember your sun cream!**
- Superhero Week – more information to follow
- The Scottish Daily Mile - we aim to jog, run or walk for up to 15 minutes every day!
- LOTS of Reflection Time in our interest groups; talking about our learning and what we would like to learn with our key workers. Adding to our Talking and Thinking Trees. Working on our floorbooks.
- Outdoor play – barbeques, pizza oven, mud kitchen, water wall, minibeast hunts, ice cream van, den, visits and lots more
- Grow well choices – making healthy decisions
- Makaton – we are getting good at using this sign language!
- Transport and Road Safety – visit from the lolly pop person
- Graduation celebration – our pre-schoolers will be planning their BIG Graduation event. They will be discussing, planning, preparing, organising, resourcing and shopping for their big event. More information to follow. **Have you got any ideas to add?**
- Reading and studying our books from our Book Bug Bags
- 7th April – World Health day
- 10th April – National siblings day

- 12th April – International day of human space flight
- 13th April – KingsWellies FOURTH birthday! Cake all round!
- 13th April – International laughter day
- 16th April – Parent's Night. See your room supervisor to make an appointment
- 18th April – International jugglers day
- 19th April – Good Friday
- 20th April – First day of Passover
- 21st April – Easter Sunday and birthday of Queen Elizabeth
- 22nd April – Easter Monday
- 23rd April – St George's day (England)
- 25th April – World Penguin day
- 27th April – Tell a story day. **Bring in your favourite story book from home.**
- 30th April – International jazz day. **Any budding jazz dancers or singers out there who could come in and perform for us? Molly will be teaching our jazz dancers some new moves.**
- 30th April – National honesty day
- 1st May – Mother Goose day
- 12th May – World migratory bird day
- 15th – International day for families
- 24th May – Scavenger hunt day
- 25th May – National tap dance day
- 31st May – No tobacco day
- 31st May – Pre-school magical mystery tour!! Thank you sooooo much to Abbie and her mum Debbie for arranging this VERY special trip! More information to follow.....
- 1st June – Say something nice day
- 1st June – Global day of parents
- Literacy, Numeracy and Health and Wellbeing – LOTS of exciting learning opportunities. Have you seen our home-link activities in reception? Please help yourself to our "sound" and "number bags" which are outside the Wellie Beans room and are available for anyone to borrow.

Parental Consultations

Question of the month April 2019

Each month we strive to self-evaluate our practice because we want to be a better nursery. We also need our parents to give us feedback. Our April 2018 question of the month comes from **How Good Is Our Early Learning and Childcare**. We very much value your feedback.



Outdoor Education Consultation

Please see our attached consultation. I have added it again to this Newsletter in order to gain more feedback. Many thanks to those who did respond last month. We have also been consulting with children and staff. We are trying to improve our outdoor education provision therefore your feedback is extremely valuable to us. We have a new Outdoor Education Committee – Amy, Kirsty and Eibhlish are leading on this important initiative.

Parental Handover - Consultation

Many thanks to all those who gave us such detailed feedback. It was very much appreciated. We sat down as a whole team during our March collegiate meeting and focused on your feedback. Each room then amended, discussed and improved how they conduct their parent handovers at the end of each day. Please let us know whether you have noticed a difference.

If we were the VERY best nursery in the WORLD – what would we look like?

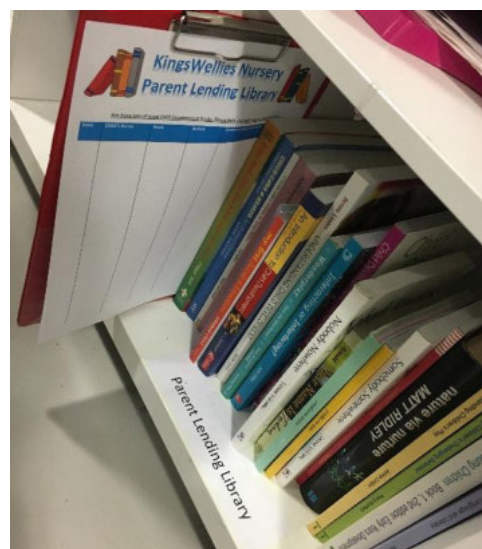
Please complete and return our attached short consultation. Many thanks.



Learning at Home

In order to support your child's learning both at nursery AND at home, we provide a number of opportunities and resources for parents and learning at home. These include:

- Literacy, Numeracy and Health and Wellbeing bags – to take home
- Kindness / Bucket Filler bags – to take home
- Rumpole and Ziggy weekly diary – to take home
- Snack Shopper – to take home
- New pet (still to be purchased) – to take home
- Curricular home-link activities – to take home (in reception)
- Child lending library – please help yourself to take home any books of your choice
- Parent lending library – lots of interesting books and leaflets on child development, pregnancy, early year's education. Please help yourself (in reception)
- ILD – digital learning diary. Please add your own learning experiences with your child
- Individual Learning Journey folder – to take home
- Book Bug Bags – to take home
- Stay and Play days – opportunities to see what happens in nursery
- Curricular events
- Parent progress meetings
- Curricular leaflets including: writing is fun, environmental print, sharing books, expressive arts, working with wood, literacy, numeracy, block play, art and craft, digital technologies, parental partnerships and outdoor play (in reception and on our website)
- Transition packs and leaflets (outside each room)
- KingsWellies Curricular and Operational Policies (in reception, outside each room and on our website)
- Parent Tips, Ideas and Suggestions (newsletter)
- Ongoing consultation opportunities
- Stakeholder consultation corner (reception)
- Comments, compliments and concerns
- "Every day is a learning day" – our own web page which contains lots of helpful leaflets, web links and information for parents on how to support your children at home. You can access this at www.kingswelliesnursery.com
- Regular Newsletter and email updates – family events in the local community, useful documents and advice



I hope that you will be able to make good use of these wide range of resources.

KingsWellies Policies of the Month

This month we would like to provide you with the opportunity to review and consult on our Equipment and Resources Policy and our Biting Policy. We hope that you find this information useful. Please give us your feedback and suggestions. Your feedback will shape our future priorities for improvement.

Parent Tips, Ideas and Suggestions

This is a space for parents to communicate with each other. If you have any suggestions, please email us with your ideas so that we can include them in this section of the newsletter.

KingsWellies suggestion: Make use of our parent lending library and home-link resources. Lots of helpful tips and ideas! Focus on health and wellbeing at home too this month.

Stay and Play Days

Look out for our stay and play days in term 4 (dates to be advised).

Please also log in to your child's ILD to see what they have been achieving. Please contact Kerry if you still require your own unique registration code.

If you would like to take your child's individual learning journey folder home to have a good look at or to add to, please see playroom staff who will be more than happy to oblige. We only ask that you return it within a week and also complete the Evaluation Form at the back.

Comments, Compliments and Concerns

Please give us your feedback – good and bad. It means a lot to us! We only want to keep improving in order to provide the BEST service possible. PLEASE make us your first port of call if you have any comments or concerns. If we work together, we will be able to achieve the very best for all of our children. Many thanks.

We also have Compliments slips available in reception in relation to our staff. The staff work very hard and we all know that it is nice to hear a compliment from time to time. Many thanks to those parents who have already paid staff members a compliment. We are always looking for Workers of the Week and Workers of the Month.

Drive Carefully

Please always drive carefully and reverse park when in our car park. The speed limit is 5 miles per hour at all times. Many thanks.

If you would like this newsletter or any other documentation from nursery translated in to another language or an alternate reading format, please do not hesitate to contact us.



Maintenance and Storage of Resources and Equipment Policy

Published	October 2014 (V1)
Reviewed	March 2016 (V2)
Revised	Session 2017/18



Maintenance and Storage of Resources and Equipment

Purpose of Policy

To ensure that all resources, equipment and materials contained within KingsWellies Nursery comply with health and safety regulations and other legislative requirements.

Who is Responsible?

It is the responsibility of the Nursery Manager to ensure that all equipment and materials are safe to use, in good condition and pose no risk to the health and safety of the children or staff in the KingsWellies Nursery.

How will the Policy be implemented?

- All equipment and materials are purchased from reputable suppliers and comply with British Standards for Safety.
- All equipment is checked before use to ensure that it is safe for children and staff.
- All equipment is cleaned on a regular basis with anti-bacterial cleaner to ensure that the spread of infection is minimised.
- All soft furnishings are washed regularly to minimise the spread of infection.
- All electric equipment is checked annually and by a recognised body to ensure it's safety.
- All small pieces of equipment are cleaned thoroughly once per month to minimise the spread of infection.
- Equipment and materials are risk assessed as appropriate before first use and regularly after that, to ensure the minimisation of any risk to children or staff.
- Children will be involved where appropriate in completing risk assessments. This will build resilience, knowledge and awareness.

Storage of Equipment

All equipment and materials in the nursery are stored so as to reduce the risk to health and safety of all service users.

Equipment and materials which have a high risk assessment are controlled by staff and children will not have open access to these resources. Access to these resources will be dependent upon the risk assessment and will not be used without a member of staff being present.

Biting Policy

Published	March 2015 (V1)
Reviewed	March 2016 (V2)
Revised	Session 2017/18



Biting Policy

At KingsWellies Nursery we follow a positive behaviour policy to promote positive behaviour at all times. However we understand that children may use certain behaviours such as biting as part of their development. Biting is a common behaviour that some young children go through and can be triggered when they do not yet have the words to communicate their anger, frustration or need.

Our procedures

The nursery uses the following strategies to prevent biting: sensory activities, biting rings, adequate resources and staff who recognise when children need more stimulation or quiet times. However, in the event of a child being bitten we use the following procedures. The most relevant staff member(s) will:

- Comfort any child who has been bitten and check for any visual injury. Administer any first aid where necessary. Complete an accident and incident form and inform the parents via telephone if deemed appropriate. Continue to observe the bitten area for signs of infection. For confidentiality purposes and possible conflict, we do not disclose the name of the child who has caused the bite to the parents
- Tell the child who has caused the bite in terms that they understand that biting (the behaviour and not the child) is unkind and show the child that it makes staff and the child who has been bitten sad. The child will be asked to say sorry if developmentally appropriate or helped to develop their empathy skills by giving the child who has been bitten a favourite book or comforter.
- If a child continues to bite, carry out observations to try to distinguish a cause, e.g. tiredness or frustration
- Arrange for a meeting with the child's parents to develop strategies to prevent the biting behaviour. Parents will be reassured that it is part of a child's development and not made to feel that it is their fault
- In the event of a bite breaking the skin and to reduce the risk of infection from bacteria, give prompt treatment to both the child who has bitten and the child who had been bitten
- If a child or member of staff sustains a bite wound where the skin has been severely broken, arrange for urgent medical attention after initial first aid has been carried out.

In cases where a child may repeatedly bite and/or if they have a particular special educational need or disability that lends itself to increased biting, e.g. in some cases of autism where a child doesn't have the communication skills, the nursery manager will carry out a risk assessment and may recommend immunisation with hepatitis B vaccine for all staff and children.

KingsWellies Nursery - Outdoor Play Area Consultation

1. What do you think of our outdoor play area?
2. What new things would you like to see in our outdoor play area?
3. What do we do well in outdoor education?
4. What could we improve?
5. Have we planned and provided resources for a range of rich outdoor learning experiences across the curriculum?
6. Do we provide opportunities outside for all children?
7. Do we have high expectations of what our children might learn outdoors?
8. Do you have any other suggestions to make our outdoor area more fun and educational for our children?
9. Other comments?

Name _____

Date _____

*Please remember that if you have any indoor or outdoor play resources that you no longer require, we would be delighted to have them. Thank you.

KingsWellies Nursery – Self-Evaluation

Parent Consultation

1. How are we doing?
2. If this was the best nursery in the world, what would it look/be like?
3. What can we do better?

Name _____ Date _____