



**WEEK 1**

**NURSERIES MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chilli, Rice & Sweetcorn	Green Pea Soup & Sandwiches	Spaghetti Bolognese & Carrots	Roast Chicken, Skirfrie, Gravy, Potatoes & Mixed Vegetables	Steamed Cod, Mash & Peas
<u>Vegetarian</u> Vegetable Bean Chilli & Rice	<u>Vegetarian</u> Sweetcorn Broccoli & Pasta	<u>Vegetarian</u> Broccoli & Sweetcorn Penne Pasta	<u>Vegetarian</u> Sweet Potato & Lentil Bake with Vegetables	<u>Vegetarian</u> Vegetable Risotto
<u>Allergens</u>	<u>Allergens</u>	<u>Allergens</u>	<u>Allergens</u>	<u>Allergens</u>
Main: Celery	Main: Celery, Gluten	Main: Celery, Gluten, Sulphur Dioxide	Main: Gluten, Sulphur Dioxide	Main: Fish, Sulphur Dioxide
Veg: Celery		Veg: Gluten	Veg:	Veg: Celery, Milk



**WEEK 2**

**NURSERIES MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Stovies, Gravy, Green Beans & Crusty Bread	Chicken & Vegetable Fricassee with Rice & Broccoli	Chipolata Sausages, Yorkie, Mash & Cauliflower	Beef Lasagne, Garlic Bread & Carrots	Fish Goujons, Baby Potatoes & Peas
<u>Vegetarian</u> Vegetable Stovies Green Beans & Crusty Bread	<u>Vegetarian</u> Quorn & Vegetable Fricassee with Rice & Broccoli	<u>Vegetarian</u> Vegetable Casserole, Yorkie, Mash & Cauliflower	<u>Vegetarian</u> Vegetable Bolognese, Garlic Bread & Carrots	<u>Vegetarian</u> Vegetable Sausages, Potatoes & Peas
<u>Allergens</u>	<u>Allergens</u>	<u>Allergens</u>	<u>Allergens</u>	<u>Allergens</u>
Main: Gluten, Sulphur Dioxide	Main: Gluten, Celery, Milk	Main: Gluten, Sulphur Dioxide, (Gluten, Eggs in Yorkies)	Main: Sulphur Dioxide, Celery, Gluten, Milk	Main: Fish, Gluten
Veg: Gluten, Sulphur Dioxide	Veg: Gluten, Celery, Egg, Milk	Veg: Sulphur Dioxide, (Gluten, Egg in Yorkies)	Veg: Gluten, Celery, Milk	Veg: Gluten



**WEEK 3**

**NURSERIES MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mince & Mash with Sweetcorn	Chicken Korma, Rice, Cauliflower & Naan	Meatballs in a Tomato Sauce with Spaghetti & Green Beans	Lentil Soup & Sandwich	Fish Pie & Broccoli
<u>Vegetarian</u> Quorn Mince & Mash	<u>Vegetarian</u> Vegetable Korma, Rice, Cauliflower & Naan	<u>Vegetarian</u> Gnocchi, Cherry Tomato, Mozzarella Bake		<u>Vegetarian</u> Vegetable Hot Pot & Broccoli
<u>Allergens</u>	<u>Allergens</u>	<u>Allergens</u>	<u>Allergens</u>	<u>Allergens</u>
Main: Sulphur Dioxide	Main: Milk, (Gluten - Naan only)	Main: Egg, Gluten	Main: Celery, Gluten, Sulphur Dioxide	Main: Gluten, Sulphur Dioxide, Fish, Milk
Veg: Sulphur Dioxide, Egg	Veg: Milk, (Gluten - Naan only)	Veg: Egg, Gluten, Milk		Veg: Sulphur Dioxide



**WEEK 4**

**NURSERIES MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Macaroni Cheese & Peas	Cottage Pie & Mixed Vegetables	Chicken Tikka, Rice & Green Beans	Fish Cakes, Potatoes & Carrots	Chicken, Wedges, Pitta Bread with Tomato Sauce & Sweetcorn
<u>Vegetarian</u> Quorn in a Tomato & Basil Sauce with Penne	<u>Vegetarian</u> Vegetable Cottage Pie	<u>Vegetarian</u> Vegetable Tikka & Rice	<u>Vegetarian</u> Lentil & Mushroom Pasta & Vegetables	<u>Vegetarian</u> Roast Vegetables in a Tomato Sauce, Pitta Bread
<u>Allergens</u>	<u>Allergens</u>	<u>Allergens</u>	<u>Allergens</u>	<u>Allergens</u>
Main: Gluten, Milk, Mustard	Main: Sulphur Dioxide,	Main: Milk	Main: Gluten, Fish	Main: Gluten
Veg: Egg, Gluten,	Veg: Sulphur Dioxide	Veg: Milk	Veg: Gluten	Veg: Gluten